



Use credits for A+ Cleanse Days

Stay on track with 10 Cleanse Credits per Cleanse Day

In addition to enjoying Cleanse for Life® and Ionix® Supreme on Cleanse Days, spend up to 10 Cleanse Credits with amazing products to curb cravings, nourish your body, and support a great Cleanse Day experience!

Track your Cleanse Credits below.

0 Cleanse Credits

- Black coffee
- Black, green, or herbal tea
- Still or sparkling water

1 Cleanse Credit

- BĒA™ Sparkling Energy Drink
- AMPED™ Hydrate
- Xango® or Xango Reserve
- Adaptogen Elixir

2 Cleanse Credits

- Isagenix Snacks™ (2 wafers)
- Greens
- e+™
- Collagen Elixir™
- Collagen Bone Broth
- IsaDelight® Super-Chocolate
- Isagenix Fruits
- SuperMix™
- AMPED NOx**
- AMPED Nitro**
- AMPED Power**
- AMPED BCAA Plus**
- AMPED Repair**
- SmartMix®
- XM+®

3 Cleanse Credits

- Harvest Thins™
- Whey Thins™
- Snack Bites
- Nature Oat Bakes™



***You should consult your physician or other healthcare professional before engaging in exercise on a Cleanse Day. Do not engage in strenuous exercise on a Cleanse Day if your physician or healthcare provider advises against it. If you experience faintness, dizziness, pain, or shortness of breath at any time while exercising, you should stop immediately and seek appropriate medical care, if needed.*