

# INCOME-PRODUCING ACTIVITIES LOG

## Part Time

1. 1 New Connection  
1) \_\_\_\_\_
2. 1 Follow-Up  
1) \_\_\_\_\_
3. 1 Act of Service (can include birthday messages)  
1) \_\_\_\_\_
4. 1 Social Media Post Each Day  
1) \_\_\_\_\_
5. Minimum of 1 Area of Personal Development (Podcast/Book)  
1) \_\_\_\_\_
6. Gratitude: What are you grateful for and WHY?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
7. Intention Statement: Today I will allow myself to attract people who are ... (define qualities)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
8. Goals With Dates  
1) Weekly:  
  
2) Monthly:  
  
3) Quarterly:

NOTES:

## Full Time

1. 3 New Contacts  
1) \_\_\_\_\_  
2) \_\_\_\_\_  
3) \_\_\_\_\_
2. 3 Follow-Ups  
1) \_\_\_\_\_  
2) \_\_\_\_\_  
3) \_\_\_\_\_
3. 3 Acts of Service (can include birthday messages)  
1) \_\_\_\_\_  
2) \_\_\_\_\_  
3) \_\_\_\_\_
4. Social Media Posts (3 per day)
  - Morning/afternoon/evening
5. Team-Building Activities
  - Participating in the IsaBody Challenge®
  - Promoting events (Super Saturday, Isagenix Academy, New Year Kick Off, Celebration, etc.)
  - Creating Consultants (Add, tag, message/group messages/welcome calls with leaders to vision cast)
  - Conducting new Isagenix Independent Associate interviews
  - Assisting Customers with their first power post
  - Planning a tasting/health and wellness events/Sip & Sample events
6. Minimum of 1 Area of Personal Development (podcast/book)  
1) \_\_\_\_\_ 2) \_\_\_\_\_
7. Intention Statement: Today I will allow myself to attract people who are ... (define qualities)  
\_\_\_\_\_  
\_\_\_\_\_
8. Gratitude: What are you grateful for and WHY?  
\_\_\_\_\_  
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\_\_\_\_\_
9. Goal With Dates  
1) Weekly:  
  
2) Monthly:  
  
3) Quarterly:

# TIME-BLOCKING CALENDAR

## MONDAY

Morning:

Afternoon:

Evening:

## TUESDAY

Morning:

Afternoon:

Evening:

## WEDNESDAY

Morning:

Afternoon:

Evening:

## THURSDAY

Morning:

Afternoon:

Evening:

## FRIDAY

Morning:

Afternoon:

Evening:

## SATURDAY

Morning:

Afternoon:

Evening:

## SUNDAY

Morning:

Afternoon:

Evening: