**WEIGHT LOSS SOLUTIONS**

**ISALEAN™ SHAKE**  
Enjoy the Perfect Meal for Long-Term Results

- A delicious, convenient, and complete meal replacement.
- Maximum nutrition with minimum calories — all for only $3 per meal.
- Scientifically shown to support consistent healthy weight loss, muscle maintenance, and long-term weight management.*
- High-quality undenatured whey protein from pasture-raised cows not treated with hormones and routine antibiotics.
- Provides energy-fueling carbohydrates, good fats, filling fiber, and vitamins and minerals.
- Active enzymes to help ease digestion.
- Essential trace minerals.
- Clinically tested to be low glycemic.
- Satisfies cravings and helps you feel full for longer.
- Natural ingredients with no artificial flavours, colours, or sweeteners.
- Eight flavours including Creamy Dutch Chocolate, Strawberry Cream, and Peach Mango.

**PLANT-BASED ISALEAN SHAKE**  
Savor the Benefits of Plant-Based Shakes

- A delicious, convenient, and nutritious dairy-free shake.
- 24 grams of responsibly sourced, high-quality, plant-based protein in 250 calories.
- Provides energy-fueling carbohydrates, good fats, filling fiber, and a nutritious mix of fruit-and-vegetable powders.
- Suitable for those with dairy sensitivities and vegetarian diets.
- Satisfies cravings and helps you feel full for longer.
- Clinically tested to be low glycemic.
- Natural ingredients with no artificial flavours, colours, or sweeteners.
- Available in Rich Chocolate and Vanilla Chai flavours.

**CLEANSE FOR LIFE™**  
Uncover Life’s Secret to Lasting Wellness

- Powerful but gentle cleansing herbs and botanicals such as turmeric, rhodiola, and ashwagandha to support the body’s natural detoxification processes.†
- Aloe inner-leaf gel, peppermint, and fennel for digestive-soothing benefits.†
- Bilberry, raspberry, and purple carrot for antioxidant protection.
- A fundamental component of Cleanse Days — a form of intermittent fasting — to support your own detoxification systems.

*Maximum benefits obtained when combined with resistance training.
†Portion controlled to assist in maintaining a healthy body weight as part of healthy eating.
WEIGHT LOSS SOLUTIONS (continued)

IONIX® SUPREME
Use to Nourish the Body Daily
• A daily nutrient-rich tonic packed with herbal adaptogens that can help increase your vitality.
• Strong nutritional and antioxidant support from wolfberry, blueberry, kiwi, and amla fruit extracts.
• Includes scientifically studied adaptogens eleuthero, rhodiola, ashwagandha, bacopa, and schisandra.
• Helps normalize the body’s systems to strengthen overall health.
• Supports mental clarity so you can take on the day with confidence.†

COMPLETE ESSENTIALS™ WITH ISAGENESIS™
Discover a Better Way to Fortify Your Body
• A complete collection of supplements that provide advanced nutrient support and give you a convenient way to get scientifically supported dosages of vitamins and minerals, omega-3s, antioxidants, and other plant bioactives in easy-to-use packets.
• Includes IsaGenesis, an innovative supplement designed to target the root causes of aging through a unique blend of botanicals and antioxidants.‡
• Helps take the guesswork out of getting daily nutrition that helps your body and cells function at their best.¶

ISALEAN™ BARS
Set the Bar for Convenient On-the-Go Nutrition
• Perfect for on the go nutrition featuring 18-19 grams of high-quality, responsibly sourced dairy or plant-based pea and brown rice protein.
• Can be cut in half for a satisfying snack option.
• Natural ingredients with no artificial flavours, colours, or sweeteners.
• Nine delicious flavour options, including three plant-based bars.

ISALEAN PRO SHAKE
Take Protein-Rich Nutrition to the Next Level
• A complete meal replacement with 36 grams of a premium protein blend with a superior branched-chain amino acid (BCAA) profile from undenatured whey and milk protein to support muscle growth.*
• Helps bust through weight loss plateaus, build muscle and strength faster after resistance training, and satisfies cravings to keep you fuller for longer.
• Informed-Sport certified, providing assurance that the product has been tested for a wide range of substances prohibited in sports.
• Natural ingredients with no artificial flavours, colours, or sweeteners.
• Available in four flavours including Natural Chocolate and Strawberry Cream flavour.

† Portion controlled to assist in maintaining a healthy body weight as part of healthy eating.
*Maximum benefits obtained when combined with resistance training.

‡ Portion controlled to assist in maintaining a healthy body weight as part of healthy eating.

¶ Portion controlled to assist in maintaining a healthy body weight as part of healthy eating.
WEIGHT LOSS SOLUTIONS (continued)

**e+™**
Give Yourself a Natural Energy Boost

- A long-lasting, flavourful energy shot made with naturally sourced, plant-based caffeine and herbal adaptogens.
- Helps combat stress, provide mental clarity, and promote physical performance.
- Includes naturally sourced caffeine derived from green tea and yerba mate to provide energy — without unwelcomed side effects from too much caffeine or other ingredients.
- 35 calories per serving.
- No artificial colours, sweeteners, or flavours.
- Three delicious flavours: Lemon Lime, Raspberry, and Apple Pomegranate.

**ISADELIGHT™**
Satisfy Cravings Without the Guilt

- Convenient portion-controlled chocolate treats infused with green tea extract and other ingredients to help satisfy cravings.
- Cleanse Day approved snack with 60 calories per chocolate square.
- Flavours include Dark Chocolate With Mint flavor and Milk Chocolate With Sea Salt and Caramel flavour.
- No artificial flavours, colours, or sweeteners.

**NATURAL ACCELERATOR™**
Accelerate Your Personal Health Goals

- Natural thermogenic ingredients such as cayenne, green tea, and cocoa seed.
- Contains niacin, as niacinamide, to support the metabolism of carbohydrates, fats, and proteins.*
- Stimulant free to avoid jitters.

**ISACOMFORT®**
Support to Balance Overall Health

- Uses gentle-cleansing magnesium to support improved water absorption for better colonic function and digestive regularity.
- Natural cleansing herbs such as peppermint and hyssop for digestive comfort.
- No harsh laxatives.
- Can be used at any time including on Cleanse Days to support regularity and digestion.

*Maximum benefits obtained when combined with resistance training.
WEIGHT LOSS SOLUTIONS (continued)

WHEY THINS AND PLANT-BASED HARVEST THINS
Snack Smarter and Crunch Down on Cravings
- Protein snacks with 100 calories per serving that help satisfy your savoury tooth and support health goals.
- Packed with high-quality, responsibly sourced whey or plant-based protein.
- Approved for Cleanse Days.
- Whey Thins™ flavours: White Cheddar, BBQ, and Sour Cream & Chive; Harvest Thins™ flavour: plant-based Sweet Thai Chili.

ISAGENIX CHEWABLES™
Balance Taste and Nutrition to Help Support Your Cleansing Goals
- Maintains good health and helps your body metabolize carbohydrates and fats.
- Perfect for Cleanse Days or any day to maximize weight loss while safely lowering your caloric intake.
- Natural Chocolate and French Vanilla Isagenix Chewables contain protein with a superior amino acid complex.
- Natural Wild Berry Isagenix Chewables are dairy-free and contain high-quality plant-based protein.
PERFORMANCE SOLUTIONS

AMPED™ TRI-RELEASE PROTEIN
Support Muscle Recovery and Growth With Three Types of Protein

- 25-gram, three-protein blend of protein allows for a fast, medium, and slow amino acid release over time to build lean muscle mass, enhance strength and sustain your recovery.
- An optimal nutrition profile with less than 150 calories, 6 grams of carbs, and 2 grams of sugar.
- Patented Velositol® accelerates and boosts muscle protein synthesis (MPS), allowing for quicker recovery and the promotion of lean muscle mass.†
- Pure and clean with 25 grams of protein and dairy from grass-fed cows that have not been treated with hormones or routine antibiotics.
- Informed-Sport certified.
- Two delicious options: Chocolate Milk Flavour and Vanilla Custard Flavour.

Velositol® is a registered trademark of Nutrition 21, LLC and is patent protected.

AMPED PROTEIN BAR
Help Optimize Performance and Recovery With High-Quality Protein

- Loaded with 28 grams of a whey-based protein blend.
- Excellent amino acid profile to support lean muscle building and maintenance.*
- Informed-Sport certified.
- No artificial flavours, colours, or sweeteners.

AMPED HYDRATE
Power Through a Workout

- Enriched with electrolytes,† 100 percent RDA of vitamin C, and a full vitamin B complex to ensure proper hydration and support during exercise.
- Helps sustain athletic endurance and aids recovery after exercise.
- Glycogen complex delivers optimal levels of carbs that athletes need to perform at peak levels.
- Hydrate without any artificial flavours, colours, or sweeteners.
- Available in three great flavours: Juicy Orange, Lemon Lime, and Refreshing Grape.

AMPED RECOVER
Support Muscle Rebuilding and Recovery*

- Supports faster post-workout muscle recovery.
- Supports muscle rebuilding process.*
- Delivers branched-chain amino acids, which trigger muscle protein synthesis.†
- No artificial flavours, colours, or sweeteners.

†Portion controlled to assist in maintaining a healthy body weight as part of healthy eating.
*Maximum benefits obtained when combined with resistance training.
PERFORMANCE SOLUTIONS (continued)

AMPED™ POWER
Prepare Your Body for Better Strength and Power

• Pre-workout timing gives training a boost before it even begins.†
• Creatine improves the body’s ability to maximize performance during workouts.†
• Nitrosigine® and citrulline support blood flow and maximize delivery of nutrients and oxygen to working muscles.†
• For greater alertness and focus, pair with e+.™

Nitrosigine® is a registered trademark of Nutrition 21, LLC and is patent protected.

AMPED NITRO
Optimize Training With Energy, Strength, and Focus†

• Formulated with active ingredients at levels clinically demonstrated to support the body and mind.
• Nitrosigine®* and L-citrulline for increased blood flow and mental focus.
• Creatine and betaine for increased muscle mass, power, strength, and cell hydration.*
• Beta-alanine, taurine, and naturally sourced caffeine for increased energy and alertness.†
• Informed-Sport certified.

AMPED NOx
Improve Your Athletic Performance‡

• A pre-workout shot that supports nitric oxide production, which supports healthy blood flow and oxygen delivery, so your muscles can function efficiently and reduce fatigue.†
• With fruit and vegetable extracts to support nitric oxide production.‡
• Supports healthy blood flow for delivery of nutrients and oxygen.‡
• Primes your body for a better workout.†

†Portion controlled to assist in maintaining a healthy body weight as part of healthy eating.
*Maximum benefits obtained when combined with resistance training.
HEART SHAKE BOOSTER
Support Healthy Cholesterol Levels
- Science-supported ingredients that help lower blood total and LDL cholesterol to maintain healthy cholesterol levels.
- Plant sterols help lower LDL cholesterol
- Blends easily into any Isagenix shake with a pleasant, neutral taste.
- 5 calories per serving.
- No artificial flavours, colours, or sweeteners.

IMMUNE SHAKE BOOSTER
Daily Immune System Support
- Made from a combination of Wellmune® beta glucan, reishi, poria, and maitake mushrooms.
- Blends easily into any Isagenix shake with a pleasant, neutral taste.
- 10 calories per serving.
- No artificial flavours, colours, or sweeteners.

ISAPRO™
Enjoy More Protein
- The perfect protein boost any time of day.
- A great post-workout shake with 18 grams of high-quality whey protein concentrate.
- Features a full branched-chain amino acid profile.

ISAGENIX GREENS™
Enjoy a Proprietary Blend of More Than 30 Premium Vegetables, Herbs, and Botanicals†
- A quick, easy, and delicious phytonutrient drink powder to get more nutrition.†
- Supports overall health and well-being.
- Each serving of Greens is 30 calories with 1 gram of sugar.

ISAGENIX FRUITS
Supplement Your Intake of Daily Fruit Nutrients†
- Contains antioxidants and phytonutrients from over 30 premium fruits.†
- Helps maintain overall health.
- Each serving of Fruits is 25 calories with 1 gram of sugar.

†Portion controlled to assist in maintaining a healthy body weight as part of healthy eating.
VITALITY + WELL-BEING (continued)

BRAIN AND SLEEP SUPPORT SYSTEM
Achieve Restful Sleep, and Support Healthy Brain Function

BRAIN BOOST & RENEWAL™
• Proprietary formula of brain-friendly nutrients.
• Supports healthy brain function and increased cognitive function.
• Optimizes mental clarity, focus, concentration, and memory.
• Nutrition for brain restoration.

SLEEP SUPPORT & RENEWAL™
• Natural, fast-acting melatonin spray.
• Helps increase total sleep time.
• Helps reduce the time it takes to fall asleep.
• Improves sleep quality.

JOINT AND PAIN RELIEF SYSTEM
Tackle Joint Health From the Inside Out

ISAGENIX JOINT SUPPORT™
• Triple-action to support joint comfort and healthy cartilage.
• Supports the production and strengthening of cartilage.
• Helps maintain healthy calcium metabolism, supports connective tissue formation and helps in the development and maintenance of bones.

ISAGENIX PAIN RELIEF™ CREAM
• Fast-absorbing topical cream provides fast-acting, deep-penetrating relief for muscles and joints from arthritis, backache, muscle strains, and sprains.
• Contains natural menthol and methyl salicylate, which provide a cooling sensation followed by a deeper heat, which helps to relax sore, tense muscles.
• Contains the popular joint-health ingredients glucosamine, chondroitin, and MSM.

ESSENTIAL OILS

ESSENCE BY ISAGENIX
Enjoy the Very Best Nature Has to Offer
• A collection that consists of 100 percent pure essential oils, Isagenix Coconut Application Oil, and Isagenix Cool Mist Diffuser.
• Targeted solutions to apply to skin, diffuse, or ingest to meet your wellness needs.
• 10 oils, including four blends crafted by world-renowned experts.
• 100 percent pure unadulterated essential oils backed by the Isagenix no-compromise commitment.
• Perfect addition to your health and wellness routine.