

WEIGHT LOSS SOLUTIONS



ISALEAN™ SHAKE

Real food, perfectly portioned, and ready in seconds. In just 240 calories, we've managed to pack in.

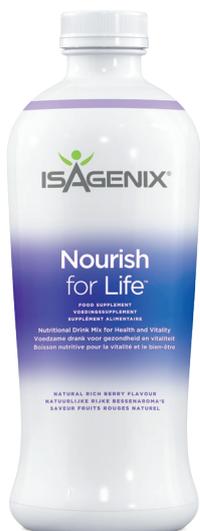
- 24g of undenatured whey and milk protein - we all need protein in our diets to build and maintain all types of body tissue, not just to build muscle.
- 8g fibre per serving - to keep you feeling full and your digestive system healthy.
- 23 different vitamins and minerals - they have hundreds of roles in keeping the body healthy.



ISALEAN™ SHAKE PLANT BASED

Our plant-based alternative so you can reap all the same benefits, just without the dairy!

- 24g plant-based protein, made with wholegrain brown rice and pea protein.
- 8g fibre per serving, to keep you feeling full and your digestive system healthy.
- A blend of 11 different fruits and vegetables - including acai, kale and pomegranate.



NOURISH FOR LIFE™

A blend of ingredients that will nourish you throughout Cleanse Days. This is how Isagenix does intermittent fasting!

- Nourishing B vitamins that are essential for breaking down the foods we eat into nutrients our body can use, and can also help to reduce tiredness and fatigue.¹
- Biologically active botanicals, like aloe vera leaf, Siberian ginseng root, peppermint leaf and more.
- Functional flavours, like peppermint, fennel and berries.

¹ B vitamins [B6, B12 and niacin (B3)] contribute to the reduction of tiredness and fatigue.

WEIGHT LOSS SOLUTIONS (continued)



ISAMOVE™
Natural support for your body

- Includes a blend of psyllium husk, hyssop and peppermint, which have been used for centuries to soothe the digestive system.
- Provides you with a source of magnesium.
- Made with natural ingredients which won't have laxative effects.



THERMO GX™
Help your body to use the energy in the foods you eat.

- Provides a source of niacin and chromium to support metabolism².
- Includes a blend of green tea extract, apple cider vinegar, cayenne and cocoa seed.
- Best consumed alongside your meals.

² Contains niacin and chromium. Niacin contributes to normal energy-yielding metabolism. Chromium contributes to normal macronutrient metabolism.



ISAGENIX GREENS™
A simple way to add a blend of organic veggies to your day

- Organic spinach, kale, spirulina, broccoli, chlorella, and more, all packed into one little scoop.
- Can be mixed with water, IsaLean Shake, or even added to yogurt and homemade dressings.
- Suitable for the whole family (4+ years).



ISAGENIX SNACKS™ / ISAGENIX SNACKS™ PLANT BASED
The perfect Cleanse Day companion

- At only 15 calories per wafer, these nutritious bite-sized snacks help reduce cravings and keep you satisfied.
- The chromium in these little wafers can help to maintain your blood sugar levels when you're fasting – so you can carry on your day without flagging³.
- Choose from whey or plant-based options.

³ Chromium contributes to normal macronutrient metabolism and to the maintenance of normal blood glucose levels.



ISADELIGHT™
Guilt free chocolates with feel good ingredients

- Just 60 calories per square, rich in cocoa, and with fewer calories and grams of sugar than other chocolates.
- More than just chocolate, with the added benefits of green tea, amino acids and B vitamins to curb your cravings.
- Perfect as a snack between meals, a sweet treat after your meal, and you can even have IsaDelights on your Cleanse Day.

WEIGHT LOSS SOLUTIONS (continued)



WHEY THINS™ / HARVEST THINS™
 A delicious healthy alternative to savoury snacking

- An alternative to crisps that taste just as good – plus they’re healthy too!
- Between 10-11g protein in just 100 calories.
- You can even enjoy these on Cleanse Days! We like to split the bag into two portions and have them throughout the day.

ENERGY & PERFORMANCE SOLUTIONS



ISAPRO®
 An easy way to get the extra protein you need

- 18g of undenatured whey protein per scoop.
- Whey protein naturally contains branched-chain amino acids like isoleucine, leucine and valine.
- A convenient post-workout protein boost



AMPED™ HYDRATE
 Optimal hydration for peak performance

When you sweat, you lose more than just water and so we need to re-hydrate with more than just water

- This blend of electrolytes, B-vitamins and vitamin C can help support proper hydration, whether you’re in the gym or just on the go.
- Only 35 calories per serving.



AMPED™ NITRO
 Push harder. Train better. Go further.

- Your new pre-workout solution, to provide energy, strength and focus so you can push harder, train better and go further in your workout.
- Ultimate blend of arginine, creatine, beta-alanine, caffeine and more.
- Informed Sport certified.

ENERGY & PERFORMANCE SOLUTIONS (continued)



AMPED™ POST-WORKOUT
Better, faster post-workout recovery

- Targeted ingredients like tart cherry, curcumin, astaxanthin and collagen to help boost muscle-recovery and ease exercise-related soreness after a hard workout.
- Perfect if you're looking to improve performance and decrease recovery time after a physically demanding workout.
- Informed Sport certified.



E-SHOT™
The natural pick-me-up

- A blend of hand-picked botanicals (like Siberian ginseng, schisandra, hawthorn and more).
- Paired with 80mg plant based caffeine from green tea and yerba mate.
- A healthy alternative to high-calorie, excessively caffeinated, artificially sweetened energy drinks and shots.



IONIX® SUPREME
Ancient ingredients to support your modern life

- A carefully selected blend of well-studied but unique botanicals, like eleuthero, Schisandra, wolfberry and more.
- These ingredients have been used for centuries by ancient tribes for prevention and to improve performance.
- Designed to be consumed daily to help you tackle the challenges of everyday life.



ISALEAN™ BAR
A protein packed snack to satisfy your sweet tooth

- In 260 calories or less you're getting 18g protein, plus a healthy balance of carbohydrates, fibre, and fats.
- A snack designed to help you stay on track with your goals.
- Made from wholesome ingredients to keep you going until your next meal.