

IsaLean™ PRO Shake Natural Chocolate

NUTRITION INFORMATION

Servings per Package: 14
Serving Size: 1 Packet (69 g)

	Ave. Quantity per Serving	Ave. Quantity per 100 g
Energy	1172 kJ (280 Cal)	1699 kJ (406 Cal)
Protein	36 g	52 g
Fat, total	6 g	9 g
- saturated	2.5 g	3.5 g
Carbohydrate	21 g	30 g
- sugars	9 g	13 g
Dietary fibre, total	6 g	9 g
- insoluble	1 g	1.5 g
- soluble	5 g	7 g
Sodium	285 mg	413 mg
Potassium	460 mg	667 mg
Vitamin C	14 mg	20 mg
Vitamin D	2.5 mcg	3.6 mcg
Mixed Tocopherols	3.5 mg	5 mg
Vitamin B1	0.385 mg	0.6 mg
Vitamin B2	0.595 mg	0.9 mg
Vitamin B3	2.8 mg	4 mg
Vitamin B6	0.63 mg	0.9 mg
Vitamin A	187.5 mcg	272 mcg
Folic Acid	70 mcg	101 mcg
Vitamin B12	1 mcg	1.4 mcg
Biotin	4 mcg	6 mcg
Vitamin B5	0.65 mg	0.9 mg
Calcium	300 mg	435 mg
Iron	3 mg	4 mg
Phosphorus	350 mg	507 mg
Iodine	54 mcg	78 mcg
Magnesium	80 mg	116 mg
Zinc	4.2 mg	6 mg
Selenium	8 mcg	12 mcg

Ingredients: Exclusive Myo-IsaLean PRO Complex (65.4%) (whey protein concentrate, milk protein concentrate, low-heat nonfat milk powder), cocoa powder, fructose, sunflower oil, isomaltooligosaccharides, natural flavours, thickener (415), olive oil, flax seed powder, tribasic calcium phosphate (341), medium-chain triglyceride oil powder (472a), magnesium oxide, sea salt, enzymes (lactase, cellulase, invertase, lipase), acidity regulator (332), alfalfa juice concentrate, mixed tocopherols concentrate, magnesium stearate (470), silicon dioxide (551), ferrous lactate, vitamin C (ascorbic acid), psyllium seed powder, cinnamon powder, natural sweetener (960), zinc oxide, potassium iodide, vitamin B3 (niacinamide), selenomethionine, vitamin D3 (cholecalciferol), vitamin A (betacarotene), vitamin B12 (cyanocobalamin), *Lactobacillus acidophilus*, vitamin B6 (pyridoxine hydrochloride), folic acid, vitamin B5 (calcium pantothenate), vitamin B2 (riboflavin), vitamin B1 (thiamine hydrochloride), vitamin B7 (biotin)

Contains milk ingredients.

