



Great For:

- Adults looking for a guilt-free snack to help stay satisfied and increase fibre intake

Fibre Snacks™

Add Fibre to Your Day the Delicious Way.

What are Fibre Snacks?

Fibre Snacks are delicious chewy bars packed with chocolate and peanuts, that allow you to snack smart without compromising taste. These healthy, gluten-free snack bars are loaded with fibre and protein to satisfy cravings and promote a balanced digestive system.

Why do you need Fibre Snacks?

- **Fueling Fibre**
With 6 grams of fibre, one Fibre Snacks bar provides 20 percent of your recommended daily intake.*
- **Your Shake Day Companion**
6 grams of undenatured whey protein help keep you satisfied between meals and discourage overeating.
- **Support Healthy Digestion**
Prebiotic soluble fibre helps maintain healthy intestinal flora, which improves digestion and supports the immune system.

How do Fibre Snacks work?

Each bar contains two types of hunger-curbing fibre; soluble and insoluble. Both aid digestion while contributing to feeling fuller, longer. Fibre also helps slow the absorption of carbohydrates to avoid blood sugar spikes.

* The National Health and Medical Research Council recommends 25 g fibre for women and 30 g for men each day.



For more information, please contact your Isagenix Independent Associate.



Australia/New Zealand

