

SmartMix FAQ

What is SmartMix?

SmartMix® is a moringa- and chicory root-infused prebiotic supplement with a light tropical flavor. Prebiotics are fibers that promote the growth of beneficial bacteria in the large intestine to support your digestive health.*

Who can enjoy SmartMix?

SmartMix is perfect for anyone ages 4 and older.

How do I use SmartMix?

SmartMix is a powdered drink supplement that can be enjoyed up to twice daily when mixed with 8 fluid ounces of cold water. Adjust the amount of water you add to suit your taste. You can also add it to other products in your daily routine like Ionix® Supreme or Cleanse for Life® for a super boost!

I am pregnant or breastfeeding. Can I still enjoy SmartMix?

While dietary supplements can provide convenient nutritional support, it's best to check with your healthcare provider to make sure they're appropriate for both mother and baby during this important stage.

How is SmartMix sweetened?

With less than 1 gram of sugar, the chicory root and stevia leaf extract in SmartMix provide its naturally refreshing sweetness.

Is SmartMix Cleanse Day approved?

Yes! SmartMix can be added to any Cleanse Day with a value of 2 Cleanse Credits per serving when using the Cleanse Day Tracker.

How is SmartMix different from FiberPro?

SmartMix is a refreshingly flavored prebiotic supplement infused with nutrient-dense moringa and invigorating fo-ti extracts to support healthy digestive function and provide mental clarity.* Delicious on its own or with other products, SmartMix feeds good bacteria in our gut to help promote a healthy gastrointestinal system.*

FiberPro™ is an unflavored fiber supplement that contains insoluble and soluble fibers alongside the exclusive Isagenix Active6 Complex™ of probiotics. This advanced formulation helps promote the movement of food through the digestive system and helps support regularity.*



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.