



# Plant-Based *Whole Blend* IsaLean Shake FAQ

## What is Plant-Based Whole Blend IsaLean Shake?

Plant-Based Whole Blend IsaLean® Shake is a complete meal replacement that delivers balanced nutrition. With 21 vitamins and minerals sourced from whole vegetables along with 24 grams of high-quality plant-based protein, Plant-Based Whole Blend IsaLean Shake satisfies the desire for more ingredients that are closer to nature.

The new Plant-Based Whole Blend IsaLean Shake will be replacing the original plant-based IsaLean Shakes effective immediately upon launch.

## What does the vegetable extract blend add to Plant-Based Whole Blend IsaLean Shake?

Whole Blend Shakes are crafted with a vegetable extract blend that provides 21 vitamins and minerals sourced from organically grown, non-GMO vegetables, including broccoli, spinach, kale, pumpkin, sweet potato, sunflower seeds, chlorella, maitake mushroom, and shiitake mushroom. This blend delivers vitamins and minerals in their naturally occurring forms found in plant-based foods and provides a diversity of vitamin forms called vitamers.

## How do vitamers support health?

Different forms of a vitamin, known as vitamers, often have subtly different benefits from one another. Getting a diversity of vitamers from whole foods helps ensure you receive a variety of benefits.

## Is Plant-Based Whole Blend IsaLean Shake a meal replacement?

Yes! Plant-Based Whole Blend IsaLean Shake is designed to provide the nutrition of a complete meal for 220 calories per serving. It's crafted with natural plant-based ingredients from whole foods to make good nutrition easy.

## When should I use Plant-Based Whole Blend IsaLean Shake?

Plant-Based Whole Blend IsaLean Shake is perfect anytime you need a delicious and convenient meal. You can use Whole Blend Shake to replace up to two meals per day during Shake Days as part of an Isagenix System.

## What type of protein does Plant-Based Whole Blend IsaLean Shake provide?

Plant-Based Whole Blend IsaLean Shake provides 24 grams of complete high-quality protein from a blend of fava beans, mung beans, and pea and is rich in branched-chain amino acids.

## How do the plant-based proteins in Plant-Based Whole Blend IsaLean Shake compare to others on the market?

Getting the right amount of plant-based proteins from high-quality sources can be difficult. Many plant-based products on the market don't deliver a complete amino acid profile. Plant-Based Whole Blend IsaLean Shake contains high-quality plant proteins that provide a complete amino acid profile rich in BCAAs that is comparable to whey protein.

Whole Blend Shake has been artfully crafted from whole foods — exactly what your body needs for a balanced meal. Whole Blend Shake contains 1 gram of added sugar and ancient ingredients such as chia seeds, sweet potato, and mushrooms.

## Who can enjoy Plant-Based Whole Blend IsaLean Shake?

Plant-Based Whole Blend IsaLean Shake may be enjoyed by anyone ages 4 and up as part of a balanced diet.

## Are plant-based IsaLean Whole Blend Shakes dairy-free?

Yes! Plant-Based Whole Blend IsaLean Shakes are dairy-free and made from plant-based ingredients.

## Why should I use plant-based protein?

Plant-based protein is ideal for anyone who follows a vegan or vegetarian lifestyle, has a dairy allergy or lactose sensitivity, or wants to reap the benefits of plant-based nutrition.

## What is the price and BV of Plant-Based Whole Blend IsaLean Shake?

The new Plant-Based Whole Blend IsaLean Shakes are priced at \$46.99 for Preferred Customers with 28 BV.

## How many servings come in each bag of Plant-Based Whole Blend IsaLean Shake?

Each bag of Plant-Based Whole Blend IsaLean Shake provides the complete nutrition of 14 meals (14 servings).