

Everyday Health Pack

Build a strong foundation with good nutrition, combat stress, and support natural detoxification.

Better Health in 3 Simple Steps



IsaLean Shake

Provides complete nutrition to help you maintain your shape, lose weight,* and most importantly, feel your best. By replacing one meal a day with an IsaLean™ Shake, you'll start feeling the difference quality nutrition can make. Maximum nutrition with minimum calories!

Ionix Supreme

This nutrient-rich tonic harnesses the power of botanicals and helps your body better handle stress, whether from work, relationships, kids, a tough workout, or anything else in your world. Ionix® Supreme is your go-to solution to help give the harmful effects of stress the cold shoulder.

Cleanse for Life

This is nutritional cleansing at its best. Cleanse for Life™ helps your body eliminate the bad stuff (like impurities) and gives your body a gentle yet powerful blend of good stuff (cleansing herbs and antioxidant botanicals) to help support detoxification processes.

How?

1. Start your day with 2 ounces of **Cleanse for Life**.
2. Replace one meal a day (usually breakfast or lunch) with an **IsaLean Shake**.
3. Enjoy **Ionix Supreme** each day. Add it to 8-12 ounces of water, have it as a tea or shot, or mix it into your favourite shake.

Example Day

Morning

- Cleanse for Life drink
- Breakfast

Afternoon

- IsaLean Shake for lunch
- Ionix Supreme tea

Evening

- Nutritious dinner with family

ISAGENIX®

*Useful for weight loss only as part of an energy-reduced diet.