



### Great For:

- Staying hydrated during exercise

# AMPED™ Hydrate

The Sports Drink Mix. Reinvented.

## What is AMPED Hydrate?

AMPED Hydrate is the essential sports drink powder to power you through a workout. Hydrate helps sustain performance and supports hydration and faster recovery. Enriched with vitamins C and B-complex, this refreshing, natural sports drink mix keeps you naturally hydrated and replenishes nutrients and electrolytes that can be lost during exercise.

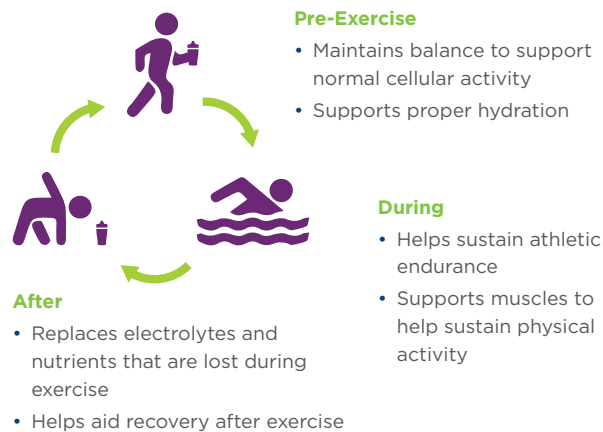
## Why do you need AMPED Hydrate?

- **Hydration**  
Hydrate is a great way to replenish fluids and electrolytes without any artificial colours, flavours or sweeteners.
- **Performance**  
Hydrate optimises hydration to help athletes to perform at peak levels.
- **Recovery**  
The body loses vitamins, electrolytes and water during exercise. Proper hydration is extremely important to recovery when exercise is intense or long.

## How does AMPED Hydrate work?

When mixed with water, Hydrate can be enjoyed before, during and after activity.

\*If you are pregnant, breastfeeding or taking medication, consult your general practitioner before using this product. Discontinue use if adverse reaction occurs. For ages 4+.



## Flavour Options



Lemon Lime



Juicy Orange



SOY-FREE



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN

For more information, please contact your Isagenix Independent Associate.



Australia/New Zealand

