

IsaLean™ Shake Creamy Chocolate Flavour

NUTRITION INFORMATION				
Serving Size: 1 Packet (60 g)				
Servings per Container: 14				
	Per 100 g		Per 60 g	
Energy	1673 kJ / 400 kcal		1004 kJ / 240 kcal	
Fat	10 g		6 g	
of which:				
Saturates	3.3 g		2 g	
Mono-unsaturates	3.3 g		2 g	
Poly-unsaturates	3.3 g		2 g	
Carbohydrate	40 g		24 g	
of which sugars	17 g		10 g	
Fibre	13 g		8 g	
Protein	40 g		24 g	
Salt	1.0 g		0.6 g	
VITAMINS & MINERALS				
	Per 100 g	%RI*	Per 60 g	%RI*
Vitamin A	417 µg RE	52%	250 µg RE	31%
Vitamin D	4.2 µg	84%	2.5 µg	50%
Vitamin E	8.3 mg TE	69%	5 mg TE	42%
Vitamin C	40 mg	50%	24 mg	30%
Thiamin (B1)	0.62 mg	56%	0.37 mg	34%
Riboflavin (B2)	0.92 mg	66%	0.55 mg	39%
Niacin (B3)	10 mg NE	63%	6 mg NE	38%
Vitamin B6	0.83 mg	59%	0.5 mg	36%
Folic Acid	117 µg	59%	70 µg	35%
Vitamin B12	1.7 µg	68%	1 µg	40%
Biotin	25 µg	50%	15 µg	30%
Pantothenic acid (B5)	3 mg	50%	1.8 mg	30%
Potassium	833 mg	42%	500 mg	25%
Calcium	542 mg	68%	325 mg	41%
Phosphorus	500 mg	71%	300 mg	43%
Magnesium	267 mg	71%	160 mg	43%
Iron	8.3 mg	59%	5 mg	36%
Zinc	5.8 mg	58%	3.5 mg	35%
Copper	0.62 mg	62%	0.37 mg	37%
Manganese	1 mg	50%	0.6 mg	30%
Selenium	31 µg	56%	18.5 µg	34%
Iodine	75 µg	50%	45 µg	30%
*Reference intake of an average adult (8400 kJ / 2000 kcal)				

Ingredients: Exclusive Myo-IsaLean Complex™ [whey protein concentrate (**milk**) (undenatured), **milk** protein concentrate (undenatured), low-heat skimmed **milk** powder], fructose, fat reduced cocoa powder, isomalto-oligosaccharides, sunflower (*Helianthus annuus*) oil powder, natural flavourings, conjugated linoleic acid powder, flax (*Linum usitatissimum*) seed powder, thickener (xanthan gum), medium-chain triglyceride oil powder, anti-caking agents (calcium phosphate, magnesium salts of fatty acids, silicon dioxide), sodium chloride, enzymes (lactase, cellulase, invertase, lipase), acidity regulator (potassium citrate), magnesium oxide, L-ascorbic acid, nicotinamide, psyllium (*Plantago ovata*) powder, selenium yeast, sweetener (steviol glycosides), cinnamon (*Cinnamomum zeylanicum*) bark powder, ferrous lactate, D-alpha tocopheryl acid succinate, beta-carotene, manganese gluconate, zinc oxide, cupric gluconate, calcium D-pantothenate, pyridoxine hydrochloride, riboflavin, D-biotin, *Lactobacillus acidophilus*, cholecalciferol, potassium iodide, pteroylmonoglutamic acid, thiamin hydrochloride, cyanocobalamin.

Allergens are in **bold**.



SOY-FREE



GLUTEN-FREE