



AMPED™ Hydrate

AMPED™ Hydrate is a hydrating and refreshing sports drink mix to power you through your workout.

Why do you need AMPED™ Hydrate?

- **Targeted Nutrients** Enriched with vitamin C, B-complex and a unique carbohydrate-electrolyte blend, with no artificial flavours or colours.
- **Endurance** Supports performance during prolonged endurance exercise*.
- **Recovery** Proper hydration is an important part of recovery after intense or endurance exercise, when the body naturally loses vitamins, electrolytes and water.

When to use?

Pre-exercise

- Maintains balance for normal cellular activity**
- Supports proper hydration*

During

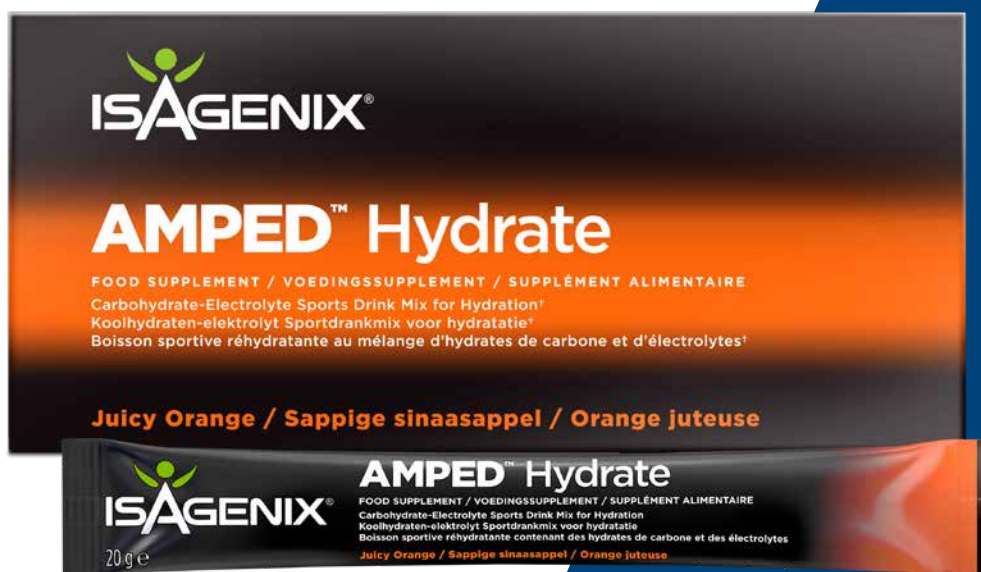
- Helps sustain athletic endurance*
- Fuels muscles to help sustain physical activity*

After

- Replaces electrolytes and nutrients that are lost during exercise*
- Helps aid recovery after exercise*

* Carbohydrate-electrolyte solutions contribute to the maintenance of endurance performance during prolonged endurance exercise and enhance the absorption of water during physical exercise.

** Zinc contributes to the protection of cells from oxidative stress



For more information, please contact your Isagenix Independent Associate.



United Kingdom/Ireland/Netherlands/Belgium/Spain