

Nourish for Life[™]

Milk thistle supplement that supports liver health and increases vitality

WHAT IS NOURISH FOR LIFE?

Nourish for Life is a health functional drink containing milk thistle extract for liver health and a blend of B vitamins for energy metabolism. It contains aloe, bilberry, fennel, rhodiola, peppermint, turmeric and more as sub-ingredients

WHY SHOULD YOU USE NOURISH FOR LIFE?

The liver plays an important role in our body that supports various functions. Nourish for Life provides milk thistle extract for river health and other nutrition as well.

HOW DOES NOURISH FOR LIFE WORK?

- **Providing nutrition and maintain health** Vitamin B6, B12 are needed for energy production and also for vitality.
- Liver health Milk thistle extract helps to maintain liver health.
- **Support for Energy metabolism** Contains vitamin B6 that is necessary to construct protein and amino acids, vitamin B16 that is necessary to use folic acid and Niacin that is necessary for energy production.

HOW TO USE:

Takes 2 spoon(6g) into water per serving. 4 servings daily.



