



## Harvest Thins FAQ

Harvest Thins™ are a crunchy, protein-packed, plant-based snack made to satisfy hunger and cravings so you can snack the smart way.

### **What makes Harvest Thins different than other snacks?**

It's easy to find junk food practically everywhere, but satisfying and nutritious snacks can be hard to track down when you need something to munch on.

Harvest Thins are a crunchy, protein-packed snack with 11 grams of plant-based protein and 100 calories — exactly what you need to satisfy cravings and support your health and weight loss goals.

### **How can Harvest Thins help me achieve my goals?**

Replacing typical snack foods like cookies and chips with a more nutrient-dense option can contribute to improved diet quality and support weight management.

Harvest Thins are a crunchy, savory snack option that satisfies hunger and cravings with plant-based protein and delicious flavors. The convenient 100-calorie packs are perfectly portioned and great for on-the-go snacking.

### **What type of protein does Harvest Thins contain?**

Harvest Thins are a plant-based snack packed with 11 grams of high-quality pea protein per serving. Pea protein is a great choice for anyone looking for a dairy-free option and is suitable for a variety of dietary preferences, including vegetarian and vegan lifestyles.

### **Are Harvest Thins approved for Cleanse Days?**

Yes, Harvest Thins are approved to enjoy during a Cleanse Day alongside your other Cleanse Day support tools. We recommend that you eat a few at a time, spaced throughout the day.

### **Who can enjoy Harvest Thins?**

Harvest Thins are ideal for anyone who wants a smart snack to satisfy hunger and cravings. They're a great choice to support weight loss goals with a satisfying, pre-portioned snack. Harvest Thins are perfect for anyone looking for a crunchy, savory snack option on Cleanse Days, too.

### **Are Harvest Thins dairy-free?**

Yes, Harvest Thins are dairy-free and suitable for vegan diets or those with sensitivities to dairy foods.

*Upon product launch, these will be published on [IsagenixHealth.net](http://IsagenixHealth.net).*