

Premium Tea FAQ

What is Premium Tea?

Premium Tea is a delicious blend of traditional Eastern and Western herbal ingredients that aids digestion and acts as a natural laxative. It supports overall digestive health and helps to calm and relax the body while promoting restful sleep.*

What are the ingredients in Premium Tea?

Premium Tea contains herbal ingredients, including senna leaf and buckthorn frang bark, that promote regularity and help to relieve occasional constipation.* The relaxing flavors of chamomile and peppermint combined with rose hip, orange peel, stevia leaf, uva ursi leaf, althea root, and moringa round out this delicately flavored herbal blend.

What's the best way to use Premium Tea?

Premium Tea is ideal to consume before bed. To brew, bring water to a rolling boil, and pour over one tea bag. Allow to steep for 5-10 minutes. Use as needed up to once per week.

Premium Tea can be enjoyed hot or cold.

Senna leaves and other botanical ingredients in Premium Tea help to ease occasional constipation, generally providing relief within 6-12 hours.*

Who is Premium Tea recommended for?

Premium Tea is recommended for adults age 18 and older. As a general guideline, pregnant or nursing women should consult with a healthcare provider regarding dietary supplement use.

Is Premium Tea Cleanse Day approved?

Premium Tea provides 0 calories per serving and does not count toward Cleanse Credits when using the Cleanse Day Tracker. While Premium Tea may be used on a Cleanse Day, it is best used when relief from occasional constipation is desired.

