

Triotic FAQ

What is Triotic?

Triotic™ is a fast-melting, honeydew melon-flavored probiotic powder in convenient single-serving packets. Each serving contains 2.1 billion CFUs with three clinically studied probiotic strains to support a healthy digestive system and immune system.*

Who can enjoy Triotic?

As a sweet-tasting and fast-melting powder, Triotic is a probiotic supplement that can be enjoyed by anyone ages 4 and older.

If I am pregnant or breastfeeding, can I still supplement with Triotic?

It's always recommended to consult with your doctor before starting any new dietary supplement while pregnant or breastfeeding. While dietary supplements can provide convenient nutritional support, it's best to check with your healthcare provider to make sure they're appropriate for both mother and baby during this important stage.

How do I use Triotic?

Simply pour Triotic powder directly onto your tongue, and allow it to dissolve before swallowing. Use Triotic once per day, preferably on an empty stomach.

Is Triotic Cleanse Day approved?

Yes. You can continue to use Triotic as part of your normal supplement routine on both Shake Days and Cleanse Days. Triotic contributes 0 Cleanse Credits per serving when using the Cleanse Day Tracker.

How are IsaBiome Probiotics and Triotic different?

Like IsaBiome™ Probiotics, Triotic is a probiotic supplement with clinically studied probiotic strains that help support the gastrointestinal and immune systems by promoting a healthy microbiome.* While IsaBiome Probiotics contains 25 billion CFUs in a capsule and is great for anyone ages 12 years and older, Triotic is a probiotic designed for adults and children alike with 2.1 billion CFUs in a sweet, fruity-flavored, fast-melting powder.

Do I need to take Triotic if I consume yogurt and other fermented foods?

The cultures that are traditionally used in yogurt and other fermented foods have been selected to help achieve qualities of taste and texture in the food, not for their benefits to health. Cultured foods such as yogurt may provide beneficial probiotic bacteria, but they do not offer the potency, diversity, and strain-specific benefits of a quality probiotic supplement.

Do I need to refrigerate Triotic?

Triotic is formulated to ensure 2.1 billion CFUs of probiotics during the entire shelf life without the use of refrigeration.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.