

IsaDelight Plus™ Dark Chocolate

Nutrition Facts

Serving Size 1 Chocolate (11.4g)
 Servings Per Container 30

Amount Per Serving	
Calories	50
Calories from Fat	40
Calories from Saturated Fat	20
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 5g	2%
Dietary Fiber 1g	4%
Sugars 3g	

Protein 1g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram:
 Fat - 9 • Carbohydrates - 4 • Protein - 4

Ingredients: Dark chocolate (chocolate liquor [no alcohol], sugar, cocoa butter, soy lecithin [an emulsifier], and vanilla), IsaDelight® Amino Complex (DL-phenylalanine, gamma-aminobutyric acid, magnesium glycinate, glycine, tricalcium phosphate, inulin, taurine, niacinamide, green tea extract, inositol, lecithin, pyridoxine HCl, cholecalciferol, folic acid, and Vitamin B12).

