FibreSnacks!™ Peanut Chocolate Chew

NUTRITION INFORMATION

Servings per Package - 12 Serving Size - 1 bar (35 g)

20. mg 0.20		
Nutrient	per Serving (35 g)	per 100 g
Energy	628 kJ (150 Cal)	1,794 kJ (429 Cal)
Protein	6 g	17 g
Fat, total	6 g	17 g
- Saturated	1 g	2.9 g
Carbohydrate	19 g	54 g
Sugars	6 g	17 g
Dietary Fibre, Total	6 g	17 g
- Insoluble	2 g	5.7 g
- Soluble	4 g	11.4 g
Sodium	95 mg	271 mg
Potassium	113 mg	322 mg
Calcium	73 mg	209 mg
Iron	0.61 mg	1.7 mg

Ingredients: Peanuts (20%), inulin, whey protein crisp (whey protein isolate, whey protein concentrate, tapioca starch, calcium carbonate, lecithin), brown rice syrup, fructose, peanut butter (peanuts), glycerine, chocolate flavoured coating (sugar, fractionated palm kernel oil, cocoa, whey, nonfat milk, lecithin, natural flavour), rice flour, water, corn bran, flaxseed, partially defatted peanut flour, high oleic safflower oil, maltodextrin, astragalus root powder, salt, acai fruit extract, rice bran, honey, natural flavour, caramel added for colour, goji berry extract, broccoli powder, cabbage powder, carrot powder, spinach powder, tomato powder, tocopherols (306) added to protect flavour, calcium carbonate, soybean oil.

Contains peanut, milk, and soybean ingredients. Produced on equipment that also processes tree nuts, egg, wheat, oats, barley and sesame.

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