

# IsaLean® Shake Creamy French Vanilla

## Nutrition Facts

14 servings per container

**Serving size** 2 level scoops (59g)

Amount per serving

**Calories** **240**

% Daily Value\*

**Total Fat** 5g **6%**

Saturated Fat 1.5g **8%**

*Trans* Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 2.5g

**Cholesterol** 50mg **17%**

**Sodium** 230mg **10%**

**Total Carbohydrate** 24g **9%**

Dietary Fiber 8g **29%**

Total Sugars 10g

Includes 5g Added Sugars **10%**

**Protein** 24g **48%**

Vit. D 10mcg 50% • Calcium 370mg 30%

Iron 0.5mg 2% • Potas. 360mg 8%

Vit. A 450mcg RAE 50% • Vit. C 36mg 40%

Vit. E 6.7mg 45% • Thiamin 0.7mg 60%

Riboflavin 0.9mg 70% • Niacin 7.2mg 45%

Vit. B<sub>6</sub> 1mg 60% • Folate 204mcg DFE 50%

(120mcg folic acid)

Vit. B<sub>12</sub> 5mcg 210% • Biotin 14mcg 45%

Pantothenic Acid 2mg 40% • Phosphorus 250mg 20%

Iodine 60mcg 40% • Magnesium 160mg 40%

Zinc 5mg 45% • Selenium 22mcg 40%

Copper 0.45mg 50% • Manganese 1.2mg 50%

Chromium 28mcg 80% • Molybdenum 27mcg 60%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Exclusive Myo-IsaLean® Complex [whey protein concentrate (undenatured), milk protein concentrate (undenatured), low-heat nonfat dry milk], digestion-resistant maltodextrin, sunflower oil powder, fructose, natural flavors, cellulose, xanthan gum, chia seed powder, medium-chain triglyceride oil powder, cinnamon powder, Ionic Alfalfa™ (*Medicago sativa*) stem and leaf extract, magnesium oxide, tricalcium phosphate, potassium citrate, enzyme blend [lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), invertase (from *Saccharomyces cerevisiae*), protease (from *Aspergillus oryzae*), amylase (from *Bacillus subtilis*), bromelain (from *Ananas comosus*), papain (from *Carica papaya*), acid stable protease (from *Aspergillus niger*)], sea salt, vitamin C (ascorbic acid), magnesium stearate, silicon dioxide, molybdenum yeast, manganese gluconate, vitamin E succinate, potassium iodide, stevia (*Stevia rebaudiana*) leaf extract, niacinamide, zinc oxide, vitamin A (beta carotene), vitamin D3 (cholecalciferol), copper gluconate, chromium chloride, sodium selenite, vitamin B5 (d-calcium pantothenate), biotin, vitamin B6 (pyridoxine HCl), Lactobacillus acidophilus, vitamin B2 (riboflavin), vitamin B1 (thiamin HCl), vitamin B12 (cyanocobalamin), folic acid, methylfolate (L-5-methylfolate calcium)

**Contains milk ingredients.**



SOY-FREE



GLUTEN-FREE



LOW-GLYCEMIC