



Great For:

- Adults seeking optimal recovery
- Athletes looking to recover faster after training

AMPED™ Recover

Maximise Recovery.

What is AMPED Recover?

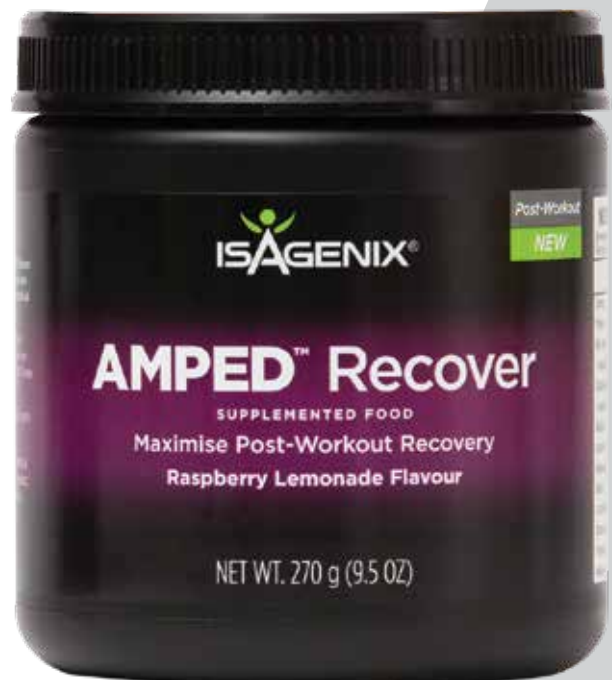
AMPED Recover is a post-workout drink for better muscle recovery and rebuilding. It's a post-workout drink containing branched-chain amino acids to support muscles and aid exercise recovery.

Why do you need AMPED Recover?

- **Muscle Maintenance**
Contains branched-chain amino acids to support muscles.
- **Rebuild Muscles**
Use with IsaPro™ after training to support muscle growth.
- **Re-Energise Muscles**
Contains energy-boosting L-carnitine to support muscle tissue and reduce post-workout fatigue.

How does AMPED Recover work?

AMPED Recover features a blend of branched-chain amino acids and L-carnitine to support muscle maintenance and rebuilding after exercise. Consume after exercise or combine with water and Hydrate™ and sip during exercise to support muscles and reduce fatigue.



SOY-FREE



GLUTEN-FREE



DAIRY-FREE

For more information, please contact your Isagenix Independent Associate.



Australia/New Zealand



BCAAs in Action

Branched-chain amino acids (BCAAs) include leucine, isoleucine and valine. Leucine is primarily responsible for stimulating muscle protein synthesis while isoleucine and valine stimulate nutrient uptake by cells. When combined, these BCAAs provide better post-workout recovery.

What Makes AMPED Recover Unique?

AMPED Recover is more than just branched-chain amino acids. It also contains L-carnitine, which helps to support muscle tissue and reduce post-workout muscle fatigue. AMPED Recover can be combined with IsaPro™ or IsaLean™ PRO after exercise to support muscle growth and rebuilding.

The effectiveness of AMPED products depends on nutritional timing – when you take each product throughout your workout. There are three windows, pre-, mid- and post-workout, where these products are designed to help deliver results.



Contains sugars. Vitamin supplements should not replace a balanced diet. Seek professional advice before long-term use. If you are pregnant, breastfeeding or have a medical condition, consult your general practitioner before using this product. Discontinue use if adverse reactions occur. For ages 18+.