**AMPED™ Hydrate™ – Lemon Lime**

**Ingredients:** Fructose, acidity regulators (330, 334), honey powder, orange (5%) (natural orange flavour, orange juice powder), dextrose, sodium chloride, potassium citrate, evaporated cane juice, silicon dioxide (551), betacarotene, natural sweetener (960), vitamin C (ascorbic acid), natural lemon flavour, lime juice powder, natural lime flavour), dextrose, sodium chloride, potassium citrate, evaporated cane juice, silicon dioxide (551), vitamin C (ascorbic acid), natural sweetener (960), vitamin B3 (niacinimide), zinc oxide, alfalfa leaf, vitamin B7 (biotin), vitamin B5 (d-calcium pantothenate), vitamin B6 (pyridoxine hydrochloride), vitamin B1 (thiamin hydrochloride), vitamin B2 (riboflavin), chromium picolinate, vitamin B12, cyanocobalamin), folic acid.

**Warning:** If you are pregnant, breastfeeding or taking medication, consult your physician before using this product. Discontinue use if adverse reaction occurs.

**AMPED™ NOx**

**Serving size:** 60 mL. Servings per package: 6

**Each bottle contains:** Energy: 30 cal, protein: 1 g, fat: total 0 g, saturated 0 g, carbohydrates: 6 g, sugars: 2 g, dietary fibre: 1 g, sodium: 250 mg.

**Ingredients:** Purified water, garden blend 13% (Beet root extract, celery leaf and stem extract, red spinach leaf extract, fruit and vegetable extract blend (green tea leaf, red grape, white grape, bilberry, carrot, grapefruit, papaya, pineapple, strawberry, apple, apricot, cherry, orange, broccoli, green cabbage leaf, onion, garlic, black currant, asparagus, tomato, olive, cucumber)), apple juice concentrate, natural flavours, pomegranate juice concentrate, watermelon juice concentrate, acidity regulator (330), preservative (220), flavour enhancer (296), natural sweetener (960).

**Note:** Ask a general practitioner to monitor you if you are taking blood thinners, nitroglycerin or other blood pressure medications. If you are pregnant, breastfeeding or have a medical condition, consult your general practitioner before using this product. Discontinue use if adverse reaction occurs. For ages 18+.

**AMPED™ Nitro**

**Directions for use:** Mix 1 scoop with 240 mL (8 fl oz) purified water. If preferred, pour over ice. Drink immediately after mixing, best used 15-30 minutes before training.

**Each serve contains:** Energy: 40 Cal, protein: 0 g, fat: total 0 g, saturated 0 g, carbohydrate: 9 g, sugars: 5 g, dietary fibre: 0 g, sodium: 4 mg, potassium: 210 mg, vitamin C: 30 mg, inositol-stabilized arginine silicate (Nitrosigine): 1500 mg, L-citrulline: 1000 mg, creatine monohydrate (creapure): 3000 mg, betaine hydrochloride: 1000 mg, beta-alanine (carnosyn): 1000 mg, taurine: 500 mg, caffeine [from tea leaves (Camellia sinensis)](Innova Tea): 100 mg.

**Ingredients:** Creatine monohydrate, fructose, flavour enhancer (330,296), inositol-stabilized arginine silicate (Nitrosigine), cane sugar, betaine, beta-alanine, watermelon fruit powder (6%) [watermelon juice concentrate, maltodextrin, anticaking agent (551) and pectin], L-citrulline, natural flavours, dextrose, taurine, potassium citrate, lime juice powder, rice concentrate, caffeine [from tea leaves (Camellia sinensis)], beetroot (juice powder, anticaking agent (551), stevia rebaudiana leaf extract, vitamin C (ascorbic acid).
Note: Contains caffeine. Do not consume more than one serving per day. Limit use of AMPED Nitro if you are sensitive to caffeine. If you are pregnant or nursing, take medication or have a medical condition, consult a general practitioner prior to use. Discontinue use if adverse reaction occurs. For ages 18+.

**AMPED™ Recover**

**Serving size:** 2 scoops (13.5 g). Servings per container: 20
**Each serve contains:** Energy: 45 Cal, protein: 0 g, fat: 0 g, saturated: 0 g, carbohydrates: 7 g, sugars: 5 g, sodium: 50 mg, leucine: 1824 mg, isoleucine: 872 mg, valine: 872 mg, L-carnitine: 1000 mg, glutamine: 500 mg, tyrosine: 100 mg, histidine: 50 mg.

**Ingredients:** Branched-chain amino acids 30% (leucine, isoleucine, valine), dextrose, levocarnitine tartrate, natural flavours, evaporated cane juice, fructose, acidity regulators (330, 331), glutamine, rice hull powder, red beet juice powder, tyrosine, histidine, sea salt, natural sweetener (960), betacarotene.

**Note:** Contains sugars. Vitamin supplements should not replace a balanced diet. Seek professional advice before long-term use. If you are pregnant, breastfeeding or have a medical condition, consult your general practitioner before using this product. Discontinue use if adverse reactions occur. For ages 18+.

**Cleanse for Life™ – Natural Rich Berry Liquid**

**Serving size:** 118 mL. Servings per bottle: 8
**Each serving contains:** Energy: 40 Cal, protein: 0 g, fat: total 0 g, saturated 0 g, carbohydrates: 10 g, sugars: 8 g, dietary fibre: 0 g, sodium: 16 mg.

**Ingredients:** Water, fructose, natural flavours, Ionic Alfalfa (Medicago sativa) leaf, natural colours, Aloe vera, bilberry fruit (0.21%), blueberry fruit (0.12%), ashwagandha, acidity regulators (330, 332), raspberry juice (0.11%), thickeners (415), Pau d’Arco, burdock, preservative (202), fennel, rhodiola, yellow dock, sumac, liquorice root, siberian ginseng, peppermint leaf, turmeric, vitamin B3 (niacinamide), Vitamin B6 (pyridoxine hydrochloride), choline bitartrate, inositol, betaine hydrochloride, L-methionine, purple carrot juice, Vitamin B12 (cyanocobalamin).

**Cleanse for Life™ – Natural Rich Berry Powder**

**Serving size:** 1 scoop (6 g). Servings per container: 16
**Each 6g of powder contains:** Nicotinamide (Vit B3) 700 mcg, pyridoxine hydrochloride 640 mcg, cyanocobalamin (Vit B12) 0.9 mcg, potassium citrate 37.5 mg (equiv. 13.5 mg potassium), Aloe barbadensis (Aloe vera) inner leaf powder 157 mg

**Concentrated herbal extracts equivalent to:** Vaccinium myrtillus (bilberry) fresh fruit 1 g, Withania somnifera (ashwagandha) dry root 362.5 g, Rubus idaeus (red raspberry) fresh fruit 1.3 g, Foeniculum vulgare (fennel) dry seed 140 mg, Arctium lappa (burdock) dry root 600 mg, Rhodolia rosea (rhodiola) fresh root 100 mg, Eleutherococcus senticosus (Siberian ginseng) dry root 90 mg, Glycyrrhiza glabra (licorice) fresh root 90 mg, Mentha piperita (peppermint) fresh leaf 80 mg, Curcuma longa (turmeric) dry root 87.5 mg and Medicago sativa (alfalfa) equiv. whole plant juice 250 mg, choline bitartrate 5 mg, inositol 5 mg, L-methionine 5 mg.

**Warning:** Contains sugars. Vitamin supplements should not replace a balanced diet.

**e+ Lemon Lime**

**Serving size:** 60 mL. Servings per Package: 6
**Each bottle contains:** Energy: 35 Cal, protein: 0 g, fat: total 0 g, saturated 0 g, carbohydrates: 8 g, sugars: 6 g, dietary fibre: 0 g, sodium: 15 mg, caffeine: 90 mg.

**Ingredients:** Purified water, apple juice concentrate, glycerin, natural flavour, lime juice concentrate (1%), yerba mate leaf extract, Siberian ginseng root extract, green tea leaf extract, hawthorn berry extract, acidity regulator (331), cramp bark extract, leuzea root extract, rhodiola root extract, Japanese aralia whole herb extract, Chinese licorice root extract, stevia leaf extract, D-ribose, European mountain ash berry extract, schisandra berry extract, chaga fruiting body extract.

**Caution:** Contains caffeine comparable to a cup of regular coffee or premium tea. Do not mix with alcoholic beverages. Do not consume more than two bottles of e+ daily. Limit use of e+ if you are sensitive to caffeine or to avoid sleeplessness and occasional rapid heartbeat. Do not take if you are pregnant, breastfeeding, under 16 or have a medical condition affected by caffeine. Discontinue use if adverse reaction occurs. If you are taking medication and/or have a medical condition, consult your general practitioner before use.

**e+ Raspberry**

**Serving size:** 60 mL. Servings per package: 6
**Each bottle contains:** Energy: 35 Cal, protein: 0 g, fat: total 0 g, saturated 0 g, carbohydrates: 8 g, sugars: 6 g, dietary fibre: 0 g, sodium: 10 mg, caffeine: 90 mg.

**Ingredients:** Purified water, apple juice concentrate, glycerin, raspberry juice concentrate (1.5%), Siberian ginseng root extract, pomegranate juice concentrate, hawthorn berry extract, European mountain ash berry extract, cramp bark berry extract, natural flavour, flavour enhancer (296), leuzea root extract, yerba mate leaf extract, green tea leaf extract, chaga fruiting body extract, rhodiola root extract, Japanese aralia root extract, schisandra seed extract, Chinese licorice root extract, stevia leaf extract, acidity regulator (331), D-ribose.

**Caution:** Contains caffeine comparable to a cup of regular coffee or premium tea. Do not mix with alcoholic beverages. Do not consume more than two bottles of e+ daily. Limit use of e+ if you are sensitive to caffeine or to avoid sleeplessness and occasional rapid heartbeat. Do not take if you are pregnant, breastfeeding, under 16 or have a medical condition affected by caffeine. Discontinue use if adverse reaction occurs. If you are taking medication and/or have a medical condition, consult your general practitioner before use.

**Essentials for Men™**

**Directions for use:** Take 4 tablets daily as a supplement with meals.
**Each tablet contains:** Thiamine hydrochloride (vit B1) 6.75 mg, riboflavin (vit B2) 6.75 mg, nicotinic (vit B3) 6.31 mg, pyridoxine hydrochloride (vit B6) 12.2 mg, folic acid 125 mcg, cyanocobalamin (vit B12) 2.5 mcg, calcium pantothenate (vit B5) 21.74 mg, calcium citrate hydrate 4.88 mg (equiv. calcium 1mg), calcium carbonate 52703 mg (equiv. calcium 195 mg), Laminaria digitata (kelp) blade and stem powder 8.33 mg (equiv. iodine 25 mcg), magnesium oxide heavy 146.55 mg (equiv. magnesium 85 mg), magnesium citrate 105.63 mg (equiv. magnesium 16.27 mg), zinc amino acid chelate 833 mcg (equiv. zinc 250 mcg), copper gluconate 3.65 mg (equiv. copper 500 mcg), manganese amino acid chelate 2.63 mg (equiv. manganese 500 mcg), chromium picolinate 104 mcg (equiv. chromium 12.5 mcg), citrus bioflavonoids extract 17.5 mg, rutin 11.56 mg, hesperidin 1.66 mg, betacarotene 982 mcg, calcium ascorbate 30.49 mg (equiv. ascorbic acid 25 mg, equiv. calcium 3 mg), magnesium ascorbate 3.05 mg, (equiv. ascorbic acid 2.5 mg, equiv. magnesium 200 mcg), sodium ascorbate 2.81 mg (equiv. ascorbic acid 2.5 mg, equiv. magnesium 200 mcg), calcium gluconate 11.66 mg (equiv. calcium 1 mg), Mixed tocopherols (high-alpha type) 7.54 mg, phytonadione (vit K) 20 mcg, biotin 75 mcg, potassium iodide 34.77 mcg (equiv. iodine 25 mcg), zinc oxide 3.75 mg (equiv. zinc 3 mg, zinc citrate dehydrate 1.61 mg (equiv. zinc 500 mcg), selenomethionine 94 mcg (equiv. selenium 37.5 mcg), potassium citrate 34.72 mg (equiv. potassium 12.5 mg), borax 111 mg (equiv. Boron 125 mcg), R-alpha lipoic acid 5 mg, choline bitartrate 2.82 mg, cysteine hydrochloride 2.56 mg, lycopene 1 mg.

**Herbal extracts equivalent to dry:** Medicago sativa (alfalfa) leaf 22.5 g, Serenoa repens (saw palmetto) fruit 100 g, Vitis vinifera (grape) fruit 2.5 g, Camellia sinensis (green tea) leaf 100 g, Punica granatum (pomegranate) fruit 8 g, Silybum marianum (milk thistle) seed 80 g.
Ingredients: Pea protein chip (85%) (pea protein isolate, potato flakes, potato starch, salt, calcium carbonate), Thai sweet chilli seasoning blend (cane sugar, salt, yeast extract, maltodextrin, dried onion, dried garlic, dried tomato, jalapeno pepper powder, safflower oil, spices, parsley, acidity regulator (330), spice extract, paprika extract, natural flavour), sunflower oil.

Ionix® Supreme Liquid
Serving size: 30 mL. Servings per container: 32
Each 30 mL of liquid contains: Thiamine hydrochloride (vit B1) 4 mg, riboflavin (vit B2) 7 mg, pyridoxine hydrochloride (vit B6) 8 mg, vit B12 50 mcg, niacin (vit B3) 11 mg, zinc 8 mg, black strap molasses 8000 mg, sorrel flower 200 mg, ionic tri-mineral complex (calcium, phosphorus, potassium) 168 mg, stevia 22 mg, alpha lipoic acid 20 mg, Tribula terrestris 10 mg, Siberian ginseng 10 mg, schisandra 10 mg, wolfberry 10 mg, Mucuna pruriens 6 mg, Rhododendron caucasicum 5 mg.

Also includes: Citric acid, betaine hydrochloride, water, potassium sorbate, sodium benzoate, blueberry leaf, blueberry juice, bamboo, bacopa, ashwaganda, amla berry, ginger, hibiscus, kiwi fruit, watermelon fruit, shilajit, harada, maca, Rhodiola rosea, folic acid.
Warning: Contains sugars. Vitamin supplements should not replace a balanced diet. Not suitable for children.

Ionix® Supreme Powder
Serving size: 1 scoop (7.5 g). Servings per container: 32
Each scoop contains: Nicotinamide (vit B3) 13 mg, pyridoxine hydrochloride (vit B6) 1.2 mg, pyridoxine hydrochloride (vit B6) 6.75 mg, thiamine hydrochloride (vit B1) 1.1 mg, riboflavin (vit B2) 1 mg, zinc oxide 6.2 mg (equiv. zinc 5mg), folic acid 250 mcg, dimethyl sulfone (MSM) 20 mg, R,S-alpha lipoic acid 25 mg, Vaccinium myrtillus (bilberry) fresh fruit juice 200 mg.

Concentrated herbal extract equivalent to dry: Zinger officinalis (ginger) root 20 mg, Medicago sativa (alfalfa) leaf 500 mg, Lycium barbarum (wolfberry) fruit 400 mg, Hibiscus sabdariffa (hibiscus) flower 200 mg, Withania somnifera (ashwagandha) root 120 mg, Citrullus vulgaris (watermelon) fruit juice 140 mg, Rhododendron aureum (rhododendron) leaf 125 mg, Terminalia chebula (harada) flower 150 mg, Rhodiola rosea (rhodila) root 120 mg, Eleutherococcus senticoses (Siberian ginseng) root 100 mg, Phyllanthus emblica (amla) fruit 125 mg, Bacopa monnieri (bacopa) herb 125 mg, Tribulus terrestris (tribulus) fruit 80 mg, Bambusa breviflora (bamboo) stem 375 mg, Schisandra chinensis (schisandra) fruit 60 mg, Arctium lappa (burdock) root 200 mg.
Warning: Contains sugars. Vitamin supplements should not replace a balanced diet. Not suitable for children.

Isagenix Greens™
Serving size: 1 packet (10 g). Servings per package: 30
Energy: 30 Cal, protein: 1 g, fat: total 0.5 g, saturated 0 g, carbohydrate: 5 g, sugars 1 g, dietary fibre: total 3 g, insoluble 1 g, soluble 2 g, sodium: 5 mg.
Ingredients: Rice bran, inulin, pineapple juice, natural flavours (green apple, cucumber, citrus), alfalfa leaf, spirulina, natural sweeteners (967, 960), carrot (45% w/w), bamboo (70% silica), thickener (412), papaya, chlorella, parsley leaf, bilberry fruit, dandelion root, ginkgo biloba leaf, green tea leaf (50% polyphenols, 35% catechins), astragalus root, milk thistle seed (80% silymarin), cinnamon bark, brussels sprouts (0.5% w/w), ionic alfalfa leaf, grape seed (95% proanthocyanidins), chia seed, beet juice, turnip root, tomato fruit (0.2% w/w), red clover flower, cilantro leaf, dulse leaf, Siberian ginseng root, maltake, shiitake, cordyceps (7% cordycepic acid).
Warning: If you are pregnant, breastfeeding or taking medication, consult your physician before using this product. Discontinue use if adverse reaction occurs.

Harvest Thins™ – Thai Sweet Chilli
Servings per package: 10. Servings size: 1 packet (24 g)
Av. Quantity per serving: Energy: 100 Cal, protein: 11 g, fat: total 2.5 g, saturated 0 g, carbohydrate: 8 g, sugars: 2 g, dietary fibre: 0 g, sodium: 370 mg.
Isagenix Snacks™ – Dairy Free
Natural Wild Berry

Serving per package: 30. Serving size: 2 wafers (7 g)

Each wafer contains: Energy: 30 Cal, protein: 1 g, fat: total: 1 g, saturated: 0 g, carbohydrate: 4 g, sugars: 2 g, dietary fibre: 1 g, sodium: 10 mg.

Ingredients: Plant-based protein blend (20%), pea protein concentrate, brown rice protein concentrate, wholegrain rice milk powder, coconut palm sugar, sunflower (Helianthus annuus) oil powder, apple (Malus domestica) fruit powder, binding agent (322), mixed berry (blackberry, raspberry, blueberry) fruit powder, flax (Linum usitatissimum) seed powder, isomaltooligosaccharide powder, banana (Musa paradisiaca) fruit powder, chia (Salvia hispanica) seed powder, glazing agent (570), anti-caking agent (551), blackberry (Rubus spp.) fruit powder, blueberry (Vaccinium corymbosum) fruit powder, olive (Olea europaea) oil powder, Morello cherry (Prunus cerasus) fruit powder, flavour enhancer (330), passionfruit (Passiflora edulis) powder, peach (Prunus persica) fruit powder, pineapple (Ananas comosus) fruit powder, raspberry (Rubus idaeus) fruit powder, vegetable and fruit powder (apple, carrot, red beetroot), natural berry flavour, alfalfa (Medicago sativa) leaf extract, inulin, tomato (Lycopersicon esculentum) pulp powder, watermelon (Citrullus lanatus) fruit powder.

Warning: Contains milk and soy.

IsaDelight™ – Dark Chocolate

Serving size: 1 chocolate (11.4 g). Servings per package: 30

Each serve contains: Energy: 50 Cal, protein: 1 g, fat: total 4 g, saturated 2.5 g, carbohydrate: 5 g, sugars: 5 g, dietary fibre: 1 g.

Ingredients: Dark chocolate (87%) (chocolate liquor (no alcohol), soy lecithin (an emulsifier), vanilla), IsaDelight Amino Complex (DL-phenylalanine, gamma-aminobutyric acid, magnesium oxide, glycine, tricalcium phosphate, inulin, taurine, niacinamide, green tea extract, inositol, lecithin, vitamin B6 (pyridoxine hydrochloride), cholecalciferol, folic acid, vitamin B12 (cyanocobalamin)), natural caramel flavour, sea salt.

Warning: Contains milk and soy (lecithin) ingredients. Manufactured in a facility that also processes tree nuts, peanuts and wheat.

IsaFlush™

Directions for use: Adults take one capsule twice daily.

Each capsule contains: Magnesium (from magnesium oxide) 201 mg, Juglans nigra (black walnut) fruit hull powder 25 mg, herbal extracts equivalent to dry: Hyssopus officinalis (hyssop) herb 100 mg, Mentha x piperita (peppermint) leaf 25 mg.

Other Ingredients: Maltodextrin, microcrystalline cellulose, bentonite, anhydrous citric acid, magnesium stearate, silicon dioxide, stearic acid and hypromellose.

Warning: Always read the label. Use only as directed. Drink plenty of water.

IsaGenesis™

Directions for use: Adults take 2 capsules twice daily.

Each softgel contains: Cyanocobalamin (vitamin B12) 7 mcg, ascorbic acid (vitamin C) 10 mg, betacarotene 1 mg, R-alpha lipolic acid 7 mg, quercetin dihydrate 4 mg, pomegranate (Punica granatum) fresh fruit juice 36 mg, harada (Terminalia chebula) fruit 5 mg.

Concentrated herbal extracts equivalent to dry:

- Turmeric (Curcuma longa) root 2.46 g, (equiv. curcumin 39 mg), acacia (Acacia nilotica) stem bark 24 mg, bacopa (Bacopa monnieri) whole plant 125 mg, Boswellia serrata gum oleoresin 54 mg, black tea (Camellia sinensis) leaf 10 mg, white tea (Camellia sinensis) leaf 23.2 mg (equiv. Epigallocatechin-3-O-gallate 695 mcg), green tea (Camellia sinensis) leaf 720 mg (equiv. Epigallocatechin-3-O-gallate 14 mg), goldthread (Coptis chinensis) root 15 mg, horny goat weed (Epimedium sagittatum) herb top 205 mg, Panax ginseng whole plant 125 mg, raspberry (Rubus idaeus) fruit 50 mg, milk thistle (Silybum marianum) seed 6.52 g, giant knotweed (Fallopia japonica) root 2.4 g (equiv. resveratrol 15 mg), bilberry (Vaccinium myrtillus) fruit 28 mg, grape (Vitis vinifera) seed 800 mg, ashwagandha (Withania somnifera) root 80 mg, marigold (Tagetes erecta) flower 467.5 mg, Lutein esters calculated as Lutein 500 mcg (equivalent Zeaxanthin 167 mcg).

Warning: The recommended dose of this medicine provides small amounts of (natural) caffeine. Not suitable for children.

IsaLean™ Bar – Chocolate Cream Crisp

Serving size: 1 bar (65 g). Servings per package: 10

Each bar contains: Energy: 270 Cal, protein: 18 g, fat: total 9 g, saturated 4 g, carbohydrate: 28 g, sugars: 18 g, dietary fibre: total 1 g, insoluble 1 g, soluble 0.1 g, sodium: 60 mg, potassium: 480 mg, vitamin A: 350 mcg, vitamin C: 16 mg, calcium: 405 mg, iron: 4 mg, vitamin D: 1 mcg, vitamin E: 4.2 mg, thiamin: 0.45 mg, riboflavin: 0.55 mg, niacin: 10 mg, vitamin B6: 0.5 mg, folate: 100 mcg, vitamin B12: 0.3 mcg, biotin: 40 mcg, pantothenic acid: 2 mg, phosphorus: 275 mg, iodine: 50 mcg, magnesium: 54 mg, zinc: 4 mg, selenium: 12 mcg, copper: 0.6 mg, manganese: 1.6 mg, chromium: 12 mcg, molybdenum: 24 mcg.

Isagenix Snacks™ – Natural Chocolate

Serving size: 2 tablets (7.2 g). Servings per package: 30

Each tablet contains: Energy: 29 Cal, protein: 1.52 g, fat: total 0.931 g, saturated 0.462 g, carbohydrate: 3.68 g, sugars: 3 g, sodium: 18.3 mg, chromium: 24 mcg, L-methionine: 12 mg.

Other ingredients: Fructose, low-fat milk solids, milk protein (calcium caseinate and whey protein concentrate), emulsifier (soy lecithin), stabilisers (sodium chloride, magnesium stearate), cocoa (5.7%), chocolate flavour, milk flavour, salt, L-methionine, chromium picolinate.

Warning: Contains milk and soy.

IsaDelight™ – Milk Chocolate with Sea Salt and Caramel flavour

Serving size: 1 Chocolate (11.4 g). Servings per package: 30

Each serving contains: Energy: 60 Cal, protein: 1 g, fat: total 3.5 g, saturated 2 g, carbohydrate: 6 g, sugars: 5 g, dietary fibre: 0 g, sodium: 35 mg.

Ingredients: Milk chocolate (84%) [sugar, cocoa butter, chocolate liquor (no alcohol), soy lecithin (an emulsifier), vanilla], IsaDelight Amino Complex [DL-phenylalanine, gamma-aminobutyric acid, magnesium oxide, glycine, tricalcium phosphate, inulin, taurine, niacinamide, green tea extract, inositol, lecithin, vitamin B6 (pyridoxine hydrochloride), cholecalciferol, folic acid, vitamin B12 (cyanocobalamin)], natural caramel flavour, sea salt.

Warning: Contains milk and soy (lecithin) ingredients. Manufactured in a facility that also processes tree nuts, peanuts and wheat.

IsaFlush™

Directions for use: Adults take one capsule twice daily.

Each capsule contains: Magnesium (from magnesium oxide) 201 mg, Juglans nigra (black walnut) fruit hull powder 25 mg, herbal extracts equivalent to dry: Hyssopus officinalis (hyssop) herb 100 mg, Mentha x piperita (peppermint) leaf 25 mg.

Other Ingredients: Maltodextrin, microcrystalline cellulose, bentonite, anhydrous citric acid, magnesium stearate, silicon dioxide, stearic acid and hypromellose.

Warning: Always read the label. Use only as directed. Drink plenty of water.
**IsaLean™ Bar – Chocolate Decadence**

**Serving size:** 1 bar (65 g). Servings per package: 10

**Each bar contains:** Energy: 250 Cal, protein: 18 g, fat: total 6 g, saturated 3.1 g, carbohydrate: 32 g, sugars 16 g, dietary fibre: total 3 g, insoluble 0.95 g, soluble 1.82 g, sodium: 140 mg, potassium: 265 mg.

**Ingredients:** Whey protein crisp (22%) (whey protein isolate, whey protein concentrate, tapioca starch, calcium carbonate, soy lecithin (emulsifier)), chocolate coating (11%) (sugar, vegetable oil, cocoa power, whey powder, nonfat milk powder, lecithin (emulsifier), natural flavour), brown rice syrup, evaporated cane juice syrup, whey protein isolate, high oleic sunflower oil, fructose, maltodextrin, Dutch processed and natural cocoa, salt, carrageenan, natural flavours, antioxidants (309), ascorbic acid, milk proteins, Dutch processed cocoa, cocoa rice crisp (rice flour, sugar, cocoa powder), whey protein concentrate, high oleic sunflower oil, fructose, maltitol syrup, milk proteins, inulin, natural flavours, unsweetened chocolate (50% cocoa solids) water, humectant (glycerine), emulsifier (soy lecithin), acai fruit, mineral salt, maltodextrin, astragalus root, goji berry.

**Warning:** Contains milk and soybean ingredients. Produced on equipment that also processes nuts, tree nuts, and peanut products.

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**IsaLean™ Bar – Lemon Passion Crunch**

**Serving size:** 1 bar (65 g). Servings per package: 10

**Each bar contains:** Energy: 250 Cal, protein: 18 g, fat: total 6 g, saturated 3.1 g, carbohydrate: 32 g, sugars: 16 g, dietary fibre: total 3 g, insoluble: 0.95 g, soluble: 1.82 g, sodium: 140 mg, potassium: 265 mg.

**Ingredients:** Whey protein blend (33%) (whey protein isolate, whey protein concentrate, calcium caseinate, casein, milk protein isolate, milk protein concentrate), sugar, brown rice syrup, fractionated palm kernel oil, chicory root fibre, rice flour, high oleic sunflower oil, sweetener (965), tapioca starch, lemon juice concentrate (2%), maltodextrin, bran, natural flavour, water, fructose, non-fat milk, emulsifier (322), proprietary blend (astragalus root powder, acai fruit extract, goji berry extract), lactose, calcium carbonate, acidity regulators (330, 296), salt, rice bran, honey, yoghurt powder (cultured whey protein concentrate and cultured non-fat milk), turmeric.

**Warning:** Manufactured in a facility that also processes eggs, tree nuts, peanuts, and wheat.

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**IsaLean™ Bar – Nutty Caramel Cashew**

**Serving size:** 1 bar (60 g). Servings per package: 10

**Each bar contains:** 240 Cal, protein: 18 g, fat: 9 g, saturated: 3.5 g, carbohydrates: 26 g, sugars: 7 g, dietary fibre: total 6 g, insoluble 0 g, soluble 6 g, sodium: 230 g, potassium: 150 g.

**Ingredients:** Whey crisps (whey protein isolate, whey protein concentrate, tapioca starch, calcium carbonate, lecithin), nuts (15.5%) (cashews, almonds), whey protein isolate, coating (sugar, palm kernel oil, nonfat dry milk, whole milk powder, lecithin, salt, alkalinized cocoa, natural colour (160b)), maltitol, chicory fibre, vegetable glycerin, soluble tapioca fibre, oats, sunflower oil, natural flavours, sea salt, caramel (sugar, water).

*All flavours gluten-free except for Nutty Caramel Cashew.

**Warning:** Contains milk, tree nut (cashew and almond) and soy (lecithin) ingredients. Manufactured in a facility that also processes tree nuts, eggs and peanuts.

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**Dairy Free IsaLean™ Bar – Chocolate Berry Bliss**

**Serving size:** 1 Bar (65 g). Servings per package: 1

**Av. Quantity per serving:** Energy: 250 Cal, protein: 19 g, fat: total 8 g, saturated 3.5 g, trans 0 g, polyunsaturated 1 g, monounsaturated 2.5 g, carbohydrate: 29 g, sugars: 12 g, dietary fibre: 8 g, sodium: 140 mg, potassium 65 mg.

**Ingredients:** Protein blend (35.2%) (pea protein isolate, whole grain brown rice protein concentrate, pea protein crisps (pea protein isolate, rice starch)); chocolate coating (natural cane sugar, palm kernel oil,6 cocoa powder, sunflower lecithin, salt), chicory root fibre, tapioca syrup, sunflower seed butter (roasted sunflower seeds, high oleic sunflower oil), vegetable glycerin, dried cranberries (cranberries, pineapple syrup, pineapple juice concentrate, sunflower oil), sunflower seeds, fruit and vegetable juice for colour, chia seed powder, tapioca maltodextrin, flaxseed powder, gum acacia, fruit and vegetable blend (acai, apple, banana, beet, butternut squash, carrot, kale, pomegranate, pumpkin, spinach, sweet potato), acidity regulator (332), natural flavour, natural sweetener (960), medium-chain triglycerides oil powder (472a).

**Warning:** Manufactured in a facility that also processes milk, tree nuts, peanuts, soy, eggs and sesame.

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**IsaLean™ Shake – Chocolate Mint**

**Serving size:** 2 scoops (59 g). Servings per container: 14

**Each serve contains:** Energy: 240 Cal, protein: 24 g, fat: total 6 g, saturated 2 g, carbohydrate: 24 g, sugars: 10 g, dietary fibre: total 8 g, insoluble 1 g, soluble 7 g, sodium: 230 g, potassium: 380 mg, vitamin C: 14 mg, vitamin D: 2.5 mcg, mixed tocopherols: 3.5 mg, vitamin B1: 0.39 mg, vitamin B2: 0.60 mg, vitamin B3: 2.8 mg, vitamin B6: 0.63 mg, vitamin A: 187.5 mcg, folic acid: 70 mcg, vitamin B12: 1 mcg, biotin: 4 mcg, vitamin B5: 0.65 mg, calcium: 320 mg, iron: 3 mg, phosphorus: 350 mg, iodine: 54 mcg, magnesium: 80 mg, zinc: 4.2 mg, selenium: 8 mcg.

**Ingredients:** Exclusive Myo-IsaLean Complex (55.2%) (whey protein concentrate, milk protein concentrate, low-fat non-fat milk powder), isomaltooligosaccharides, fructose, sunflower oil, cocoa powder, tapioca maltodextrin, olive oil, flax seed powder, thickener (415), medium-chain triglycerides oil powder, anticaking agent (341, 470, 551), magnesium oxide, natural flavours, enzymes (lactase, cellulase, invertase, lipase), natural sweetener (960), alfalfa juice concentrate, mixed tocopherol concentrate, psyllium seed powder, sea salt, ferrous lactate, vitamin C (ascorbic acid), zinc oxide, potassium iodide, vitamin B3 (niacinamide), selenomethionine, Lactobacillus acidophilus, vitamin D3 (cholecalciferol), vitamin A (beta-carotene), vitamin B12 (cyanocobalamin), vitamin B6 (pyridoxine hydrochloride), folic acid, vitamin B5 (calcium pantothenate), vitamin B2 (riboflavin), vitamin B1 (thiamine hydrochloride), biotin.

**Warning:** Contains milk ingredients.

**Amino acids per serving:** Alanine 980 mg, arginine 655 mg, aspartic acid 2,110 mg, cysteine 470 mg, glutamic acid 4,130 mg, glycine 425 mg, histidine 470 mg, isoleucine 1,365 mg, leucine 2,270 mg, lysine 1,880 mg, methionine 550 mg, phenylalanine 845 mg, proline 1,635 mg, serine 1,155 mg, threonine 1,340 mg, tryptophan 435 mg, tyrosine 880 mg, valine 1,360 mg.

*Since amino acids are naturally occurring, amounts may vary.*
IsaLean™ Shake – Creamy Dutch Chocolate

**Serving size:** 2 scoops (61 g). Servings per container: 14

**Each serve contains:** Energy: 240 Cal, protein: 24 g, fat: total 6 g, saturated 2 g, carbohydrate: 24 g, sugars: 11 g, dietary fibre: total 8 g, insoluble 1.5 g, soluble 6.5 g, sodium: 265 mg, potassium: 380 mg, vitamin C: 14 mg, vitamin D: 2.5 mg, mixed tocopherols: 3.49 mg, thiamin: 0.385 mg, riboflavin: 0.595 mg, niacinamide: 2.8 mg, vitamin B6: 0.63 mg, vitamin A: 187.5 mcg, folic acid: 70 mcg, vitamin B12: 1 mcg, biotin: 4 mcg, panthenic acid: 0.65 mg, magnesium: 200 mg, iron: 3 mg, phosphorus: 348 mg, iodine: 54 mcg, magnesium: 80 mg, zinc: 4.2 mg, selenium: 8 mcg.

**Ingredients:** Exclusive Myo-IsaLean Complex (50.8%) (whey protein concentrate, milk protein concentrate, low-fat nonfat milk powder), fructose, cocoa powder, isomaltooligosaccharides, sunflower oil, natural flavours, olive oil, thickener (415), flax seed powder, calcium phosphate – tribasic, medium chain triglyceride oil powder (427a), magnesium oxide, sea salt, acidity regulator (332), enzymes (lactase, cellulose, invertase, lipase), alfalfa leaf, magnesium stearate (470), psyllium seed powder, mixed tocopherol concentrate, vitamin C (ascorbic acid), natural sweetener (960), cinnamon powder, ferrous lactate, iodine (from kelp), niacinamide, zinc oxide, wild yam, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, seleniummethionine, Lactobacillus acidophilus, cholecalciferol, betacarotene, calcium pantothenate, cyanocobalamin, folic acid.

**Warning:** Contains milk ingredients.

**Amino acids per serving:** Since amino acids are naturally occurring, amounts may vary.

Alanine 1255 mg, arginine 1545 mg, aspartic acid 2275 mg, cysteine 415 mg, glutamic acid 4330 mg, histidine 580 mg, isoleucine 1255 mg, leucine 1985 mg, lysine 1185 mg, methionine 465 mg, phenylalanine 1040 mg, proline 1310 mg, serine 1210 mg, threonine 1050 mg, tryptophan 270 mg, tyrosine 1060 mg, valine 1265 mg.

*Since amino acids are naturally occurring, amounts may vary.*

IsaLean™ Shake – Dairy Free Vanilla Chai

**Serving size:** 1 Packet (62 g). Serving per package: 14

**Each serve contains:** Energy: 250 Cal, protein: 24 g, fat: total 8 g, saturated: 1.5 g, trans: 0 g, polyunsaturated: 2.5 g, monounsaturated: 3 g, carbohydrates: 22 g, sugars: 7 g, dietary fibre: total: 8 g, insoluble: 2 g, soluble: 6 g, sodium: 380 mg, potassium 95 mg.

**Ingredients:** Phyto-IsaLean Complex® (50%) (wholegrain brown rice protein concentrate, pea protein isolate), evaporated cane juice, sunflower oil powder, isomaltooligosaccharide powder, natural flavours, sunflower lecithin, chia seed powder, whole grain rice milk powder, olive oil, bruce palm, pomegranate, pumpkin, sweet potato, spinach), anticaking agent (551, 341), molasses powder, acidity regulator (332), nutmeg, magnesium stearate, Lactobacillus acidophilus, natural sweetener (960), cinnamon, cardamom.

**Amino acids per serving:** Since amino acids are naturally occurring, amounts may vary.

Alanine 1250 mg, arginine 1545 mg, aspartic acid 2275 mg, cysteine 415 mg, glutamic acid 4330 mg, histidine 580 mg, isoleucine 1255 mg, leucine 1985 mg, lysine 1185 mg, methionine 465 mg, phenylalanine 1040 mg, proline 1310 mg, serine 1210 mg, threonine 1050 mg, tryptophan 270 mg, tyrosine 1060 mg, valine 1265 mg.

*Since amino acids are naturally occurring, amounts may vary.*

IsaLean™ Shake – Kosher Natural Creamy Vanilla

**Serving size:** 2 scoops (61 g). Servings per container: 14

**Each serve contains:** Energy: 250 Cal, protein: 23 g, fat: total 6 g, saturated 1 g, carbohydrates: 25 g, sugars: 16 g, dietary fibre: total 6 g, insoluble 11 g, soluble 4.9 g, sodium: 125 mg, potassium: 260 mg, vitamin A: 180 mcg, vitamin C: 14 mg, vitamin D: 100 IU, mixed tocopherols: 5.215 IU, thiamin: 0.385 mg, riboflavin: 0.595 mg, niacin: 2.8 mg, vitamin B6: 0.63 mg, folic acid: 70 mcg, vitamin B12: 1 mcg, biotin: 4 mcg, pantothenic acid: 0.65 mg, calcium: 200 mg, iron: 3 mg, phosphorus: 348 mg, iodine: 54 mcg, magnesium: 80 mg, zinc: 4.2 mg, selenium: 8 mcg.

**Ingredients:** Whey protein (19.7%), calcium caseinate, milk powder, fructose, sunflower oil, vanilla flavour, fibersol, lecithin, olive oil, flaxseed, vanilla bean, guar gum, tri-calcium phosphate, xanthan gum, cellulose, lemon powder, beta carotene, honey powder, magnesium oxide, acidophilus, butterscotch, alfalfa juice concentrate, soy lecithin.
**Amino acids per serving:** (naturally occurring in whey protein)
- Alanine 1,605 mg, arginine 940 mg, aspartic acid 3,390 mg, cysteine 800 mg, glutamic acid 6,040 mg, glycine 655 mg, histidine 745 mg, isoleucine 2,140 mg, leucine 3,130 mg, lysine 2,880 mg, methionine 815 mg, phenylalanine 1,190 mg, proline 2,275 mg, serine 1,740 mg, threonine 2,190 mg, tryptophan 730 mg, tyrosine 1,240 mg, valine 2,045 mg.

*Since amino acids are naturally occurring, amounts may vary.*

**IsaLean™ Shake – Strawberry Cream**

**Serving size:** 1 packet (59 g). Servings per package: 14

**Each serve contains:**
- Energy: 240 Cal, protein: 24 g, fat: total 5 g, saturated 1.5 g, carbohydrate: 24 g, sugars: 11 g, dietary fibre: total 8 g, insoluble 0 g, soluble 8 g, sodium: 260 mg, potassium: 320 mg, vitamin C: 14 mg, vitamin D: 2.5 mcg, mixed tocopherols: 3.5 mg, vitamin B1: 0.385 mg, vitamin B2: 0.595 mg, vitamin B3: 2.8 mg, vitamin B6: 0.63 mg, vitamin A: 187.5 mcg, folate: 0.63 mg, vitamin B12: 1 mcg, biotin: 4 mcg, pantothenic acid: 0.65 mg, calcium: 320 mg, iron: 3 mg, phosphorus: 350 mg, iodine: 54 mcg, magnesium: 80 mg, zinc: 4.2 mg, selenium: 8 mcg.

**Ingredients:**
- Exclusive Myo-IsaLean Complex (56.5%) (whey protein concentrate, milk protein concentrate, low-fat milk powder), isomalto-oligosaccharides, fructose, sunflower oil, natural flavours (strawberry, vanilla, vanilla custard), olive oil, maltodextrin, thickeners, apple powder, antioxidant (ascorbic acid), thickeners.

**Warning:**
- Contains milk and sugar ingredients.

**IsaLean™ PRO – French Vanilla**

**Serving size:** 1 packet (68 g). Servings per package: 14

**Each serve contains:**
- Energy: 280 Cal, protein: 36 g, fat: total 6 g, saturated 2.5 g, carbohydrate: 21 g, sugars: 9 g, dietary fibre: total 6 g, insoluble 0 g, soluble 6 g, sodium: 270 mg, potassium: 400 mg, vitamin C: 14 mg, vitamin D: 2.5 mcg, mixed tocopherols: 3.49 mg, niacinamide: 2.8 mg, thiamin: 0.385 mg, riboflavin: 0.595 mg, vitamin B6: 0.63 mg, vitamin A: 187.5 mcg, folate: 0.63 mg, vitamin B12: 1 mcg, biotin: 4 mcg, pantothenic acid: 0.65 mg, calcium: 200 mg, iron: 3 mcg, phosphorus: 348 mg, iodine: 54 mcg, magnesium: 80 mg, zinc: 4.2 mg, selenium: 8 mcg.

**Ingredients:**
- Exclusive Myo-IsaLean Complex (70%) (whey protein concentrate, milk protein concentrate, low-fat milk powder), isomalto-oligosaccharides, sunflower oil, fructose, natural vanilla flavours, thickeners, olive oil, maltodextrin, thickeners, calcium carbonate, potassium carbonate, magnesium oxide, sea salt, alfa-alfa juice concentrate, natural sweetener (960), niacinamide, vitamin C (ascorbic acid), ferrous lactate, pantothenic acid, calcium carbonate, thickeners, thickeners.

**Warning:**
- Contains milk and soy ingredients.

**IsaLean™ PRO – Natural Chocolate**

**Serving size:** 1 packet (59 g). Servings per package: 14

**Each serve contains:**
- Energy: 280 Cal, protein: 36 g, fat: total 6 g, saturated 2.5 g, carbohydrate: 21 g, sugars: 9 g, dietary fibre: total 6 g, insoluble 0 g, soluble 6 g, sodium: 285 mg, potassium: 460 mg, vitamin C: 14 mg, vitamin D: 2.5 mcg, mixed tocopherols: 3.49 mg, calcium: 2.8 mg, thiamin: 0.385 mg, riboflavin: 0.595 mg, vitamin B6: 0.63 mg, vitamin A: 187.5 mcg, folate: 70 mcg, vitamin B12: 1 mcg, biotin: 4 mcg, pantothenic acid: 0.65 mg, calcium: 200 mg, iron: 3 mcg, phosphorus: 348 mg, iodine: 54 mcg, magnesium: 80 mg, zinc: 4.2 mg.

**Ingredients:**
- Exclusive Myo-IsaLean Complex (65.4%) (whey protein concentrate, milk protein concentrate, low-fat milk powder), cocoa powder, fructose, sunflower oil, isomalto-oligosaccharides, natural chocolate flavours, thickeners (415), olive oil, maltodextrin, thickeners, apple powder, antioxidant (ascorbic acid), thickeners.

**Warning:**
- Contains milk ingredients.

**Amino acids per serving:** (whey protein concentrate, milk protein concentrate, low-fat milk powder), cocoa powder, fructose, sunflower oil, isomalto-oligosaccharides, natural chocolate flavours, thickeners (415), olive oil, maltodextrin, thickeners, apple powder, antioxidant (ascorbic acid), thickeners.

**Warning:**
- Contains milk ingredients.

**IsaLean™ PRO – Strawberry Cream**

**Serving size:** 1 packet (69 g). Servings per package: 14

**Each serve contains:**
- Energy: 280 Cal, protein: 36 g, fat: total 6 g, saturated 2.5 g, carbohydrate: 21 g, sugars: 9 g, dietary fibre: total 6 g, insoluble 0 g, soluble 6 g, sodium: 270 mg, potassium: 400 mg, vitamin C: 14 mg, vitamin D: 2.5 mcg, mixed tocopherols: 3.49 mg, calcium: 2.8 mg, thiamin: 0.385 mg, riboflavin: 0.595 mg, vitamin B6: 0.63 mg, vitamin A: 187.5 mcg, folate: 70 mcg, vitamin B12: 1 mcg, biotin: 4 mcg, pantothenic acid: 0.65 mg, calcium: 200 mg, iron: 3 mcg, phosphorus: 350 mg, iodine: 54 mcg, magnesium: 80 mg, zinc: 4.2 mg, selenium: 8 mcg.

**Ingredients:**
- Exclusive Myo-IsaLean Complex (70%) (whey protein concentrate, milk protein concentrate, low-fat milk powder), cocoa powder, fructose, sunflower oil, isomalto-oligosaccharides, natural chocolate flavours, thickeners (415), olive oil, maltodextrin, thickeners, apple powder, antioxidant (ascorbic acid), thickeners.

**Warning:**
- Contains milk ingredients.
Amino acids per serving: Alanine 1605 mg, arginine 940 mg, aspartic acid 3390 mg, cysteine 800 mg, glutamic acid 6040 mg, glycine 655 mg, histidine 745 mg, isoleucine 2140 mg, leucine 3530 mg, lysine 2880 mg, methionine 815 mg, phenylalanine 1190 mg, proline 2275 mg, serine 1740 mg, threonine 2190 mg, tryptophan 730 mg, tyrosine 1240 mg, valine 2045 mg.

*Since amino acids are naturally occurring, amounts may vary.

IsaOmega™

**Serving size:** 2 softgels. Servings per container: 30.

Each softgel contains: Concentrated omega-3 triglycerides - fish 1000 mg, (equiv. omega-3 marine triglycerides 630 mg; Eicosapentaenoic Acid (EPA) 330mg; Docosahexaenoic Acid (DHA) 220 mg), Pomegranate (Punica granatum) seed oil 50 mg, Borage (Borago officinalis) seed oil 20 mg, Evening Primrose (Oenothera biennis) seed oil 20 mg, Flaxseed (Linum usitatissimum) 20.2 mg, Sunflower (Helianthus annuus) seed oil 373 mcg.

IsaPro™ Vanilla

**Serving size:** 1½ scoops (34.5 g). Servings per container: 20

Each serve contains: Energy: 50 Cal, protein: 27 g, fat: total 2.25 g, saturated 1.5 g, carbohydrate: 3 g, sugars: 1.5 g, dietary fibre: 0 g, sodium: 135 mg, calcium: 75 mg.

Ingredients: Whey protein concentrate (97%), natural flavours (vanilla and citrus), lactase.

Warning: Contains milk ingredients.

Amino acids per serving: Alanine 1325 mg, arginine 675 mg, aspartic acid 2770 mg, cysteine 700 mg, glutamic acid 4515 mg, glycine 500 mg, histidine 475 mg, isoleucine 1720 mg, leucine 2795 mg, lysine 2270 mg, methionine 625 mg, phenylalanine 850 mg, proline 1595 mg, serine 1325 mg, threonine 1820 mg, tryptophan 600 mg, tyrosine 870 mg, valine 1570 mg.

Natural Accelerator™

**Directions for use:** Adults take 1 capsule twice daily.

Each capsule contains: nicotinic acid (vit B3) 10 mg, chromium (as picolinate) 25 mcg, R-alpha lipoic acid 100 mg, inositol 5.4 mg, methionine 5.4 mg, Panax quinquefolius (American ginseng) root powder 5.4 mg. Herbal extracts equivalent to dry: Handroanthus impetiginosus (Pau D’Arco) stem bark powder 108.4 mg, Medicago sativa (Alfalfa) leaf 64.4 mg, Eleutherococcus (Siberian ginseng) root 11 mg, Dioscorea villosa (wild yam) root 5.4 mg, Capsicum annuum (cayenne) fruit 135.8 mg, Salix purpurea (willow bark) stem bark outer 10.97 mg, Camellia sinensis (green tea) leaf 542 mg, Cinnamomum cassia (cinnamon) inner stem bark 27.2 mg.

Other ingredients: Maltodextrin, apple cider vinegar powder, hypromellose, magnesium stearate, octacosanol, carnauba wax, betaine hydrochloride, silicon dioxide and calcium hydrogen phosphate.

Slim Cakes™ – Oatmeal Berry

**Serving size:** 1 cookie (30 g). Servings per package: 1

Each serve contains: Energy: 90 Cal, protein: 2 g, fat: total 2 g, saturated 0.5 g, carbohydrate: 20 g, sugars: 4 g, dietary fibre: total 5 g, insoluble 4.5 g, soluble 0.5 g, sodium: 85 mg.

Ingredients: Oats and oat bran (24%), flour, water, raisin paste, maltitol, inulin, erythritol, polydextrose, flax seeds, agave syrup, organic cane juice, blueberry, white chocolate chips, dried cranberries (2.4%), milk solids (whey), sodium bicarbonate, sodium chloride, whole dried blueberries (0.1%), natural flavours, guar gum.

Warning: Contains wheat, milk and soy ingredients. May contain eggs, peanuts, tree nuts and sulfites.

Whey Thins™ – Cheddar

**Serving size:** 1 Packet (25 g). Servings per package: 1

**Av. Quantity per serving:** Energy: 100 Cal, protein: 10 g, fat: total 3 g, saturated 1 g, carbohydrate: 9 g, sugars: 1 g, dietary fibre: 0 g, sodium: 210 mg.

Ingredients: Whey protein concentrate (undenatured) (46%), brown rice flour, sunflower oil, salt, whey powder, maltodextrin, natural flavours, yeast extract, bulking agent (calcium carbonate), whole milk powder, cheddar cheese, anticaking agent (silicon dioxide), safflower oil, onion powder, sweet cream solids, garlic powder.

Warning: Contains milk ingredients.

Whey Thins™ – Tomato & Basil

**Serving size:** 1 Packet (25 g). Servings per package: 1

**Av. Quantity per serving:** Energy: 100 Cal, protein: 10 g, fat: total 3 g, saturated 1 g, carbohydrate: 10 g, sugars: 1 g, dietary fibre: 0 g, sodium: 210 mg.

Ingredients: Whey protein concentrate (undenatured)(45%), brown rice flour, tomato basil seasoning [tomato powder, maltodextrin, salt, buttermilk, mozzarella cheese (skim milk, salt, cheese cultures, enzymes), spices, garlic powder, onion powder, sugar, yeast extract, citric acid, natural flavour, extracts of paprika, extra virgin olive oil], sunflower oil, bulking agent (170).

Warning: Contains milk ingredients.