

# SMARTMIX

*Shake things up with SmartMix<sup>®</sup>—just add this easy-to-open packet to water for a dose of moringa nutrition and prebiotic benefits.*

With the evolution of the modern diet, it has become more and more difficult to consume the nutrients that we need to thrive. Our body is full of toxins, and our digestion has been affected by an overabundance of processed foods and beverages. Our health is dependent not only on the nutrition that we consume overall but also on the amount that our gut flora receives. This flora comprises many different microbes, each with its own unique environment, depending on what it is exposed to. Our flora is critical in strengthening our immune system, digesting foods efficiently, increasing nutrient absorption, maintaining a healthy weight, and obtaining increased energy levels.

Prebiotics are an important tool in helping regulate our body's flora. Supplementing a diet with prebiotics has been shown to increase the level of certain microbes, which in turn regulates metabolism. The end result is enhanced systemwide health.

- Provides mental clarity.†
- Supports healthy digestive function.†



## Supplement Facts

32 Servings Per Container  
Serving Size 1 Sachet (13g)

% DV*	Amount Per 1 Serving
	Total Calories 40
	Calories from Fat 1
0 %	Cholesterol 0mg
0 %	Sodium 4mg
3 %	Total Carbohydrates 9g
5 %	Dietary Fiber 1g
-	Sugars .5g
2%	Protein .5g
6 %	Calcium 60mg
8 %	Iron 1mg

\*Percent Daily Value is based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.

**INGREDIENTS:** Proprietary Blend (Chicory Root Extract, Moringa oleifera Blend) (Leaf Powder, Seed Cake, Fruit Powder), FoTi Root Extract (2:1), Natural Tropical Flavor, Fruit Pectin, Guar Gum, Agar, Citric Acid, Stevia, Silica, Stearic Acid.

**DIRECTIONS FOR USE:** Blend, shake, or briskly stir packet contents into 13-16 ounces of cold water until smooth, and then drink.

GLUTEN-FREE HALAL CERTIFIED KOSHER

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.