

Whey Thins™ Barbecue

Nutrition Facts

Serving Size: 1 Packet (25 g)
Servings per Container: 10

Amount per Serving		
Calories 100	Calories from Fat 25	
		% Daily Value*
Total Fat 3 g		5%
Saturated Fat 1 g		5%
Cholesterol 25 mg		8%
Sodium 190 mg		8%
Total Carbohydrate 10 g		3%
Sugars 2 g		
Protein 10 g		20%
Vitamin A 2%	•	Calcium 10%
Iron 2%		

Not a significant source of *trans* fat, dietary fiber and vitamin C.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:
Fat 9 • Carbohydrates 4 • Protein 4

Ingredients: Whey protein concentrate (undenatured), brown rice flour, natural flavor (dextrose, salt, sugar, molasses, tapioca dextrin, onion powder, yeast extract, tomato powder, fructose, spices, garlic powder, silicon dioxide, ground red pepper, safflower oil, natural smoke flavor), sunflower oil, calcium carbonate

Contains milk ingredients.



LOW-GLYCEMIC



SOY-FREE



GLUTEN-FREE



Dairy protein sourced from "Cheerful Cows" not treated with hormones or routine antibiotics.