

IsaDelight® Dark Chocolate

Nutrition Facts	
Serving Size 3 pieces (34.2 g)	
Servings per Container 10	
Amount per Serving	
Calories 170	Calories from Fat 110
% Daily Value*	
Total Fat 12 g	18%
Saturated Fat 7 g	35%
<i>Trans</i> Fat 0 g	
Sodium 5 mg	0%
Total Carbohydrate 15 g	5%
Dietary Fiber 3 g	12%
Sugars 9 g	
Protein 4 g	8%
Calcium 8%	• Iron 15%
Not a significant source of cholesterol, vitamin A and vitamin C.	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Sat Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Protein	50 g 65 g
Calories per gram:	
Fat 9	• Carbohydrates 4 • Protein 4

Ingredients: Dark chocolate [chocolate liquor (no alcohol), sugar, cocoa butter, soy lecithin (an emulsifier), vanilla], IsaDelight® Amino Complex (DL-phenylalanine, gamma-aminobutyric acid, magnesium glycinate, glycine, tricalcium phosphate, inulin, taurine, niacinamide, green tea extract, inositol, lecithin, pyridoxine HCl, cholecalciferol, folic acid, vitamin B12)

Contains soy (lecithin). May contain milk. Manufactured in a facility that also processes tree nuts, peanuts & wheat.

PHENYLKETONURICS: Contains phenylalanine.

