

# Harvest Thins™ PLANT-BASED Garlic & Herb

<b>Nutrition Facts</b>	
10 servings per container	
<b>Serving size 1 pack (24g)</b>	
Amount per serving	
<b>Calories</b>	<b>100</b>
% Daily Value*	
<b>Total Fat</b> 2.5g	<b>3%</b>
Polyunsaturated Fat 1g	
Monounsaturated 1.5g	
<b>Sodium</b> 410mg	<b>18%</b>
<b>Total Carbohydrate</b> 8g	<b>3%</b>
<b>Protein</b> 11g	<b>22%</b>
Calcium 50mg	4%
Iron 3mg	15%
Potassium 55mg	2%
Not a significant source of saturated fat, <i>trans</i> fat, cholesterol, dietary fiber, sugar, added sugar and vitamin D.	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**Ingredients:** Pea protein chip (pea protein isolate, dehydrated potatoes, potato starch, salt, calcium carbonate), garlic herb seasoning blend (maltodextrin, salt, garlic powder, spices, onion powder, natural flavor), sunflower oil



SOY-FREE



GLUTEN-FREE



DAIRY-FREE



LOW-GLYCEMIC



VEGETARIAN



KOSHER