

# IsaDelight Plus™ Milk Chocolate

## Nutrition Facts

Serving Size 1 Chocolate (11.4g)  
 Servings Per Container 30

Amount Per Serving	
<b>Calories</b>	50
Calories from Fat	30
Calories from Saturated Fat	20
<b>% Daily Value*</b>	
<b>Total Fat</b> 3g	5%
Saturated Fat 2g	10%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 5mg	0%
<b>Total Carbohydrate</b> 6g	2%
Dietary Fiber 0g	0%
Sugars 5g	
<b>Protein</b> 1g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram:  
 Fat 9 • Carbohydrates 4 • Protein 4

**Ingredients:** Organic milk chocolate (organic evaporated cane juice, organic cocoa butter, organic whole milk powder, organic chocolate liquor [no alcohol], organic soy lecithin [added as emulsifier], and organic Vanilla), IsaDelight® Amino Complex (DL-phenylalanine, gamma-aminobutyric acid, magnesium glycinate, glycine, tricalcium phosphate, inulin, taurine, niacinamide, green tea extract, inositol, lecithin, pyridoxine HCl, cholecalciferol, folic acid, and Vitamin B12).

