ISALEAN® SHAKE
Enjoy the Perfect Meal for Long-Term Results
• A delicious, convenient, and complete meal replacement.
• Maximum nutrition with minimum calories — all for only $3 per meal.
• Scientifically shown to support consistent healthy weight loss, muscle maintenance, and long-term weight management.
• High-qualityundenatured whey protein from pasture-raised cows not treated with hormones and routine antibiotics.
• Provides energy-fueling carbohydrates, good fats, filling fiber, and vitamins and minerals.
• Active enzymes to help ease digestion.
• Essential trace minerals.
• Clinically tested to be low glycemic.
• Satisfies cravings and helps you feel full for longer.
• Natural ingredients with no artificial flavors, colors, or sweeteners.
• Eight flavors including Creamy Dutch Chocolate, Strawberry Cream, and Peach Mango.

PLANT-BASED ISALEAN SHAKE
Savor the Benefits of Plant-Based Shakes
• A delicious, convenient, and nutritious dairy-free meal replacement.
• 24 grams of responsibly sourced, high-quality, plant-based protein in 250 calories.
• Provides energy-fueling carbohydrates, good fats, filling fiber, and a nutritious mix of fruit-and-vegetable powders.
• Suitable for those with dairy sensitivities and vegetarian diets.
• Satisfies cravings and helps you feel full for longer.
• Clinically tested to be low glycemic.
• Natural ingredients with no artificial flavors, colors, or sweeteners.
• Available in Rich Chocolate and Vanilla Chai flavors.

CLEANSE FOR LIFE®
Uncover Life’s Secret to Lasting Wellness
• Powerful but gentle cleansing herbs and botanicals such as turmeric, rhodiola, and ashwagandha to support the body’s natural detoxification processes.†
• Aloe inner-leaf gel, peppermint, and fennel for digestive-soothing benefits.‡
• Bilberry, raspberry, and purple carrot for antioxidant protection.
• A fundamental component of Cleanse Days — a form of intermittent fasting — to support weight loss and maintenance when used as part of an Isagenix System.

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WEIGHT LOSS SOLUTIONS (continued)

ISAFLUSH®
Help Balance Your Digestive System†

• Uses gentle-cleansing magnesium to support improved water absorption for better colonic function and digestive regularity.†
• Natural cleansing herbs such as peppermint and hyssop for digestive comfort.†
• No harsh laxatives.
• Can be used at any time including on Cleanse Days to support regularity and digestion.†

NATURAL ACCELERATOR™
Accelerate Your Personal Health Goals

• Natural thermogenic ingredients such as cayenne, green tea, and cocoa seed.
• Contains apple cider vinegar, cinnamon, and chromium to support natural glycemic control when taken with meals.*
• Contains niacin, as niacinamide, to support the metabolism of carbohydrates, fats, and proteins.*
• Stimulant free to avoid jitters.

ISAGENIX SNACKS™
Balance Taste and Nutrition to Help Control Cravings

• Helps reduce cravings and keeps you feeling satisfied.
• Perfect for Cleanse Days or any day to maximize weight loss while safely lowering your caloric intake.
• Natural Chocolate and French Vanilla Isagenix Snacks contain protein with a superior amino acid complex.
• Natural Wild Berry Isagenix Snacks are dairy-free and contain high-quality plant-based protein.

ISADELIGHT®
Satisfy Cravings Without the Guilt

• Convenient portion-controlled chocolate treats infused with green tea extract and other ingredients to help satisfy and ease hunger between meals.
• Cleanse Day approved snack with 60 calories per chocolate square.
• Flavors include Dark Chocolate With Mint flavor and Milk Chocolate With Sea Salt and Caramel flavor.
• No artificial flavors, colors, or sweeteners.

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WEIGHT LOSS SOLUTIONS (continued)

**ISALEAN® BARS**
Set the Bar for Convenient On-the-Go Nutrition

- Perfect for a nutritious meal on the go featuring 18-19 grams of high-quality, responsibly sourced dairy or plant-based pea and brown rice protein.
- Can be cut in half for a satisfying snack option.
- Natural ingredients with no artificial flavors, colors, or sweeteners.
- Nine delicious flavor options, including three plant-based bars.

**WHEY THINS™ AND PLANT-BASED HARVEST THINS™**
Snack Smarter and Crunch Down on Cravings

- Savory protein snacks with 100 calories per serving that help satisfy cravings and support health goals.
- Packed with high-quality, responsibly sourced whey or plant-based protein.
- Approved for Cleanse Days.
- Whey Thins flavors: White Cheddar, BBQ, and Sour Cream & Chive; Harvest Thins flavor: plant-based Thai Sweet Chili.

PERFORMANCE SOLUTIONS

**ISALEAN® PRO SHAKE**
Take Protein-Rich Nutrition to the Next Level

- A complete meal replacement with 36 grams of a premium protein blend with a superior branched-chain amino acid (BCAA) profile from undenatured whey and milk protein to support muscle growth.
- Helps bust through weight loss plateaus, build muscle and strength faster after resistance training, and satisfies cravings to keep you fuller for longer.
- Informed-Sport certified, providing assurance that the product has been tested for a wide range of substances prohibited in sports.
- Natural ingredients with no artificial flavors, colors, or sweeteners.
- Available in four flavors including Natural Chocolate and Strawberry Cream flavor.
PERFORMANCE SOLUTIONS

AMPED™ PROTEIN BAR
Help Optimize Performance and Recovery With High-Quality Protein

• Loaded with 28 grams of a whey-based protein blend.
• Excellent amino acid profile to support lean muscle building and maintenance.
• Informed-Sport certified.
• No artificial flavors, colors, or sweeteners.

AMPED HYDRATE
Power Through a Workout

• Enriched with electrolytes,† 100 percent RDA of vitamin C, and a full vitamin B complex to ensure proper hydration and support during exercise.
• Helps sustain athletic endurance and aids recovery after exercise.
• Glycogen complex delivers optimal levels of carbs that athletes need to perform at peak levels.
• Hydrate without any artificial flavors, colors, or sweeteners.
• Available in three great flavors: Juicy Orange, Lemon Lime, and Refreshing Grape.

AMPED RECOVER
Support Muscle Rebuilding and Recovery†

• Supports faster post-workout muscle recovery.†
• Supports muscle rebuilding process.†
• Delivers branched-chain amino acids, which trigger muscle protein synthesis.†
• No artificial flavors, colors, or sweeteners.

AMPED™ POWER
Prepare Your Body for Better Strength and Power†

• Pre-workout timing gives training a boost before it even begins.†
• Creatine improves the body’s ability to maximize performance during workouts.†
• Nitrosigine® and citrulline support blood flow and maximize delivery of nutrients and oxygen to working muscles.†
• For greater alertness and focus, pair with e+.™

Nitrosigine® is a registered trademark of Nutrition 21, LLC and is patent protected.

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PERFORMANCE SOLUTIONS (continued)

AMPED NITRO
Optimize Training With Energy, Strength, and Focus†
- Formulated with active ingredients at levels clinically demonstrated to support the body and mind to train at a higher intensity for a longer period of time.†
- Nitrosigine® and L-citrulline for increased blood flow, mental focus, and pump.†
- Creatine and betaine for increased muscle mass, power, strength, and cell hydration.†
- Beta-alanine, taurine, and naturally sourced caffeine for increased energy, alertness, and stamina.†
- Informed-Sport certified.

AMPED NOx
Improve Your Athletic Performance†
- A pre-workout shot that supports nitric oxide production, which supports healthy blood flow and oxygen delivery, so your muscles can function efficiently and reduce fatigue.†
- With fruit and vegetable extracts to support nitric oxide production.†
- Supports healthy blood flow for the delivery of nutrients and oxygen.†
- Primes your body to reduce fatigue while working out.†

AMPED FUEL
Sustain Your Endurance During Extended Training†
- A conveniently packaged mid-workout gel.
- Refuel during activity with the right balance of fast-acting carbohydrates from apple puree, agave, and molasses.†
- Help protect against muscle breakdown during extended training.†
- No artificial flavors, colors, or sweeteners.

VITALITY + WELL-BEING

IONIX® SUPREME
Use Nature’s Answer to Stress
- A daily nutrient-rich tonic packed with herbal adaptogens that can help increase your vitality and protect against the negative effects of stress.†
- Strong nutritional and antioxidant support from wolfberry, blueberry, kiwi, and amla fruit extracts.
- Includes scientifically studied adaptogens eleuthero, rhodiola, ashwagandha, bacopa, and schisandra.
- Helps normalize the body’s systems to support a healthy lifestyle.†
- Supports mental clarity so you can take on the day with confidence.†

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**COMPLETE ESSENTIALS™ WITH ISAGENESIS®**

Discover a Better Way to Fortify Your Body

- A complete collection of supplements that provide advanced nutrient support and give you a convenient way to get scientifically supported dosages of vitamins and minerals, omega-3s, antioxidants, and other plant bioactives in easy-to-use packets.
- Includes IsaGenesis, an innovative supplement designed to target the root causes of aging through a unique blend of botanicals and antioxidants.†
- Helps take the guesswork out of getting daily nutrition that helps your body and cells function at their best.†

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**ISABIOME™ DAILY DIGESTIVE HEALTH SYSTEM**

Experience a Breakthrough in Better Gut Health

- Designed with your diet in mind by providing two personalized formulas — one for conventional (meat-inclusive) diets and one for vegetarian diets.
- Features a variety of digestive enzymes to deliver immediate benefits to help break down foods for optimal nutrient absorption, helping support gut comfort, and to help ease occasional gas and bloating.
- Includes probiotics to help restore optimal balance and diversity of friendly bacteria to help support a balanced digestive system, a healthier gut microbiome, and immune health.
- Complements Isagenix Weight Loss Systems and is designed to work with Shake Days and Cleanse Days.

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**e+™**

Give Yourself a Natural Energy Boost

- A long-lasting, flavorful energy shot made with naturally sourced, plant-based caffeine and herbal adaptogens.
- Helps combat stress, provide mental clarity, and promote physical performance.†
- Includes naturally sourced caffeine derived from green tea and yerba mate to provide energy — without unwelcomed side effects from too much caffeine or other ingredients.
- 35 calories per serving.
- No artificial colors, sweeteners, or flavors.
- Three delicious flavors: Lemon Lime, Raspberry, and Apple Pomegranate.

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HEART SHAKE BOOSTER
Support Healthy Cholesterol Levels**
• A blend of science-supported ingredients that may reduce the risk of heart disease.**
• Plant sterol esters are scientifically backed ingredients that help reduce cholesterol absorption.**
• Blends easily into any Isagenix shake with a pleasant, neutral taste.
• 5 calories per serving.
• No artificial flavors, colors, or sweeteners.

IMMUNE SHAKE BOOSTER
Help Prime, Strengthen, and Balance the Immune System for Better Overall Health†
• Made from a combination of Wellmune® beta glucans, reishi, poria, and maitake mushrooms.
• Blends easily into any Isagenix shake with a pleasant, neutral taste.
• 10 calories per serving.
• No artificial flavors, colors, or sweeteners.

ISAPRO®
Enjoy More Protein
• The perfect protein boost any time of day.
• A great post-workout shake with 18 grams of high-quality whey protein concentrate.
• Features a full branched-chain amino acid profile.

ISAGENIX GREENS™
Enjoy a Proprietary Blend of More Than 30 Premium Vegetables, Herbs, and Botanicals†
• A quick, easy, and delicious phytonutrient drink powder to get more nutrition.†
• Supports overall health and well-being.†
• Each serving of Greens is 30 calories with 1 gram of sugar.

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**Foods and supplements containing at least 0.65 g per serving of plant sterol esters, eaten twice a day with meals for a daily total in take of at least 1.3 g, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of Heart Shake Booster supplies 0.65g of plant sterol esters.
ISAGENIX FRUITS™
Supplement Your Intake of Daily Fruit Nutrients†
• Contains antioxidants and phytonutrients from over 30 premium fruits.†
• Supports overall health.†
• Each serving of Fruits is 25 calories with 1 gram of sugar.

BRAIN AND SLEEP SUPPORT SYSTEM
Achieve Restful Sleep, and Support Healthy Brain Function†

BRAIN BOOST & RENEWAL™
• Proprietary formula of brain-friendly nutrients.
• Supports healthy brain function and increased cognitive function.†
• Optimizes mental clarity, focus, concentration, and memory.†
• Day and night nutrition for brain restoration.†

SLEEP SUPPORT & RENEWAL™
• Natural, fast-acting melatonin spray.
• Helps increase total sleep time.
• Helps reduce the time it takes to fall asleep.
• Promotes healthy aging, especially brain health.

JOINT AND PAIN RELIEF SYSTEM
Tackle Joint Health From the Inside Out

ISAGENIX JOINT SUPPORT™†
• Combines natural ingredients like MSM, glucosamine, chondroitin, boswellia and turmeric that provide advanced triple-action support to protect, rejuvenate, and soothe joints.
• Supports the production and strengthening of cartilage.
• Promotes greater mobility and facilitates a wider range of motion while improving agility.

ISAGENIX PAIN RELIEF™ CREAM
• Fast-absorbing topical cream provides fast-acting, deep-penetrating relief for muscles and joints from arthritis, backache, muscle strains, sprains, and bruises.
• Contains natural menthol and methyl salicylate, which provide a cooling sensation followed by a deeper heat, which helps to relax sore, tense muscles.
• Contains the popular joint-health ingredients glucosamine, chondroitin, and MSM.

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ESSENCE BY ISAGENIX
Enjoy the Very Best Nature Has to Offer

• A collection that consists of 100 percent pure essential oils, Isagenix Coconut Application Oil, and the Isagenix Cool Mist Diffuser.
• Targeted solutions to apply to skin, diffuse, or ingest to meet your wellness needs.
• 10 oils, including four blends crafted by world-renowned experts.
• 100 percent pure unadulterated essential oils backed by the Isagenix no-compromise commitment.
• The perfect addition to your health and wellness routine.

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